



# St. Benedict Catholic Church

## Sunday June 21, 2020

### Twelfth Sunday in Ordinary Time

#### Fear Not

Easier said than done. There is so much to be afraid of today: war; the loss of life and the devastation caused by it; unemployment and poverty; illness and the pain and diminishment that often accompany it; the threat of ecological collapse; to say nothing of personal anxiety and trauma. The readings for this Sunday all speak of the hardships that loom over every life. But these hardships are not the last word. Jeremiah ends his announcement of gloom on a positive note: "Praise the LORD, / For he has rescued the life of the poor / from the power of the evildoers!" (Jeremiah 20:13). The psalm of lament picks up the same message: "the LORD hears the poor" (Psalm 69:34). Saint Paul insists that sin and death don't win: "...How much more did the grace of God...overflow for the many" (Romans 5:15). Caught in the throes of misfortune, people cry out—but God responds. It is in the Gospel that the reassurance of God's care unfolds. The struggles described there are real, but they will not last. The imagery employed to characterize God's care is picturesque and extraordinarily tender. If God is attentive to the lowly sparrows, how much more will God be attentive to us? Even more personally, God knows us so well that the very hairs on our head are counted. The admonition here is clear: Never fear! If catastrophes threaten, don't be afraid! Even if they engulf you or carry you away, don't be afraid. It is only temporary. God is always there, attentive to our needs, so fear not! © 2020 Liguori Publications • Liguori, MO 630579999 -Sr. Dianne Bergant, CSA

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#### MISSION CHURCH:

**ST. JOHN THE BAPTIST**  
Kealahou

#### WEEKEND MASSES

**St. Benedict, Honaunau**  
Saturday 4:00 p.m.  
Sunday 7:15 a.m.  
**St. John the Baptist**  
Kealahou  
Saturday 6:00 p.m.  
Sunday 9:30 a.m.

#### WEEKDAY MASSES

**St. Benedict, Honaunau**  
7:00 a.m. Tues., Thurs. & Friday  
**St. John the Baptist Kealahou**  
7:00 a.m. Wednesday

#### PASTOR

Rev. Siegfred Dostos

#### DEACON

Craig Camello

#### BUSINESS MANAGER

Susan Keen

#### OFFICE STAFF

Penny Burgess

#### GROUPS & MAINTENANCE

Peter Estoy

#### RELIGIOUS EDUCATION

Edwina Fujimoto

#### YOUTH & YOUNG ADULT

Edwina Fujimoto

#### MUSIC DIRECTOR

Ariel Hadap

#### FOOD PANTRY

Francisco and Debra Javar



#### TODAY'S READINGS

**First Reading:** But the LORD is with me, like a mighty champion: my persecutors will stumble, they will not triumph. JER 20:10-13

**Psalm:** Lord, in your great love, answer me. PS 69:8-10, 14, 17, 33-35

**Second Reading:** Through one man sin entered the world, and through sin, death... ROM 5:12-15

**Gospel:** Nothing is concealed that will not be revealed... MT 10:26-33

**OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 3:00 p.m.

The office is closed on holidays and weekends.

**BULLETIN:** Articles and photos (with caption) for the bulletin must be *emailed* to [st.benedict@rcchawaii.org](mailto:st.benedict@rcchawaii.org) **Submission deadline: TUESDAY at 5:00pm.**

**WEBSITE:** [thepaintedchurchhawaii.org](http://thepaintedchurchhawaii.org)

## HOSPITALITY



### ALOHA AND WELCOME HOME

In compliance with Bishop Silva's directives, our Masses are being held at St. Benedict Hall Chapel. Social distancing and masks are required. Due to limited space it would be best to arrive early. No one has been turned away yet, however more are attending each week. Thank you for your understanding.

### WEEKEND MASS SCHEDULE

At this time, all Masses are being celebrated at St. Benedict Hall Chapel. Times are as follows:  
Saturday 4:00 pm, Sunday 8:00 am and 10:00 am

### WEEKDAY MASSES HAVE RESUMED

Mass is now being celebrated every Tuesday, Thursday and Friday at St. Benedict Hall and Wednesday at St. John Mission— All at 7:00 am. Praising God first thing in the morning is the most important thing on our daily calendar. Receiving Christ in the Blessed Eucharist gives us the strength to fight selfish pride and sin. In accepting the challenge of meeting Jesus daily, we will find more joy than ever.

### SACRAMENTS

**Funerals** may now take place again in St. Benedict Hall Chapel according to the same guidelines as weekend Masses, i.e. following all health and safety precautions. Funerals at this time may not include visitation times, only the Vigil for the Deceased, a Funeral Mass and Committal may be held.

**Baptisms** may take place according to the same guidelines as weekend Masses. They will be done in such a way that the same water is not poured on more than one person or stored in the font after use.

### Sacrament of Reconciliation

At this time Father Sieg is available for Confessions by appointment, observing all proper precautions. Call the office 328-2227.

### Eucharist to Homebound and Hospitalized

Call the office to make arrangements for a visit from a priest or an Extraordinary Minister of Holy Communion.

## STEWARDSHIP OF TREASURE

Week Ending June 14, 2020

| <b>THANK YOU FOR YOUR GENEROSITY!!</b>                 |                   |
|--|-------------------|
| St. Benedict 4 pm<br>Attendance: Adults 37 children ?  | \$ 744.00         |
| St. Benedict 8 am<br>Attendance: Adults 32 children ?  | \$ 251.00         |
| St. Benedict 10 am<br>Attendance: Adults 14 children ? | \$ 262.00         |
| Offerings mailed in:<br><b>Restricted Funds:</b> ↓     | \$ 0              |
| Building & Maintenance                                 | \$ 0              |
| Community Outreach                                     | \$ 25.00          |
| <b>Total Offering</b>                                  | <b>\$1,292.00</b> |

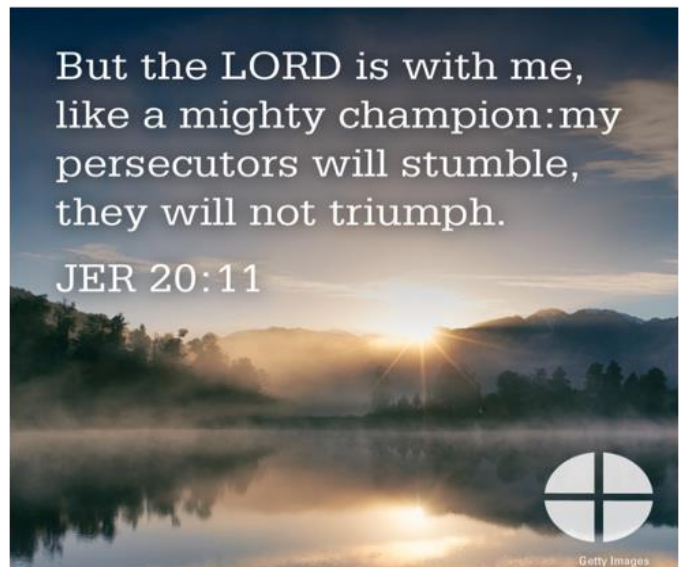


### MAHALO FOR HELPING!

We want to thank everyone who volunteered to help set up, organize, instruct, sanitize, usher, and donate disinfectant products. It could not have been done without you! Thank you!

### ALONG THE SAME LINE...

As you know, sanitizing products are hard to find these days. Usually they fly off the shelves and you have to be lucky to be there when they are stocked. We would greatly appreciate parishioners bringing their own hand sanitizer and also donating Clorox wipes, alcohol for sanitizing or any other products you may find available when you shop. Mahalo!



Getty Images



PRAYER

FAITH FORMATION

**DEVOTION TO OUR BLESSED MOTHER**

**Powerful Marian Prayer -**

Father, source of light in every age,  
the virgin conceived and bore Your Son  
Who is called Wonderful God,  
Prince of Peace.  
May her prayer,  
the gift of a mother's love,  
be Your people's joy through all ages.  
May her response,  
born of a humble heart,  
draw Your Spirit to rest on Your people.  
Grant this through Christ our Lord. Amen.



**FATHER'S DAY PRAYER**  
God our Father, in your wisdom and love you made all things. Bless our fathers. Let the example of their faith and love shine forth. Grant that we, their families, may honor them always with a spirit of profound respect. Grant this through Christ our Lord. Amen.

**FOR HEALING AND STRENGTH,  
KEEP THEM IN YOUR PRAYERS...**

Stephen Texeira, Dorothy Kelepolo, Rudy Crusat, Elizabeth Awa, Johnny Koene, Ruby Ann Kaho'onei, Chickie and Tony Dias, Phyllis Blank Leathhead, Robin Crusat, Charles Tripoli, Danny Burgess, Helen Doria, Linda Adkins, DeeDee Tripoli, Guy Miranda, Venancio Mendoza, Alexi Veloso, Keiki San Filippo, Michael Suber, Eddie Navas, Theresa Flemming. Call the office to add your loved one or yourself to the list of those needing prayer.

**A PRAYER FOR HEALING**

Dear Jesus our Lord,  
We ask you to have mercy on all who are sick. Give them your strength and your love, and help them to carry their cross with great faith in you. May their sufferings be one with yours. Help them to overcome the power of evil, and lead others to our Father in heaven. Lord Jesus, hear our prayer, for you are Lord forever and ever. Amen.

*An Act of  
Spiritual Communion*

*My Jesus,  
I believe that You are  
present in the Most  
Holy Sacrament.*

*I love you above all  
things, and I desire to re-  
ceive You into my soul.*

*Since I cannot at this mo-  
ment receive You sacra-  
mentally, come at least  
spiritually into my heart.*

*I embrace You as if You  
were already there  
and unite myself  
wholly to You.*

*Never permit me to be  
separated from You.*

*Amen.*

*Thank God for the gift of Jesus in  
the  
Eucharist!*

**Monday JUNE 22**  
Weekday 2 Kgs 17:5  
-8, 13-15a, 18 Mt  
7:1-5

**Tuesday JUNE 23**  
Weekday 2 Kgs  
19:9b-11, 14-21,  
31-35a, 36 Mt 7:6,  
12  
-14

**Wednesday JUNE 24**  
Nativity of St.  
John the Baptist Is  
49:1-6 Acts 13:22-  
26 Lk 1:57-66, 80

**Thursday JUNE 25**  
Weekday 2 Kgs 24:8  
-17 Mt 7:21-29

**Friday JUNE 26**  
Weekday 2 Kgs 25:1  
-12 Mt 8:1-4

**Saturday JUNE 27**  
Weekday Lam 2:2,  
10-14, 18-19 Mt  
8:5-17

**Sunday JUNE 28**  
Thirteenth Sunday  
in Ordinary Time 2  
Kgs 4:8-11, 14-16a  
Rom 6:3-4, 8-11  
Mt 10:37-42

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"Through our prayers and through the intercession of St. Joseph, patron of fathers, may fathers come to know the irreplaceable role they hold in the lives of their children, and the responsibility they share in welcoming God's gift of new life!"

## SERVICE

### ST. BENEDICT FOOD PANTRY

The Food Pantry is open from 9:00 a.m. to 10:00 a.m. on **every 2nd and 4th Friday** of the month. Thank you to everyone who continues to support our Food Pantry, with monetary or food donations, or volunteering your time especially during this Covid-19 crisis. Next open for distribution on Friday, **June 26, 2020**.

### HAVE YOU HEARD ANY OF THESE MYTHS ABOUT CORONAVIRUS? (cont'd)

#### **Myth #8 Regularly rinsing your nose with saline can help prevent infection with the new coronavirus**

While regularly rinsing your nose with saline may help you recover more quickly from the common cold, it hasn't been shown to help prevent respiratory infections in general, including coronavirus. Keep in mind too, when you do rinse your nose with saline to help cold symptoms, make sure the product is sterile. And if you opt for a neti pot, make sure that water has also been sterilized – either distilled water or water that's been boiled and then cooled back down—instead of tap water, which can increase your risk of infection.

#### **Myth #9 Eating garlic can help prevent infection with the new coronavirus.**

If you've ever eaten a piece of raw garlic, you know that stuff is *pungent* –but it won't protect you against illness. Despite having some antimicrobial properties, according to the WHO, "there is no evidence" from the current outbreak that the potent herb will protect you from coronavirus.

#### **Myth #10 Slathering yourself in sesame oil can block the new coronavirus from entering the body**

We're not entirely sure where this myth came from, but rubbing sesame oil all over your body definitely won't keep the coronavirus away. Per the WHO, "there are some chemical disinfectants that can kill the 2019-nCoV on surfaces," including bleach and chlorine-based disinfectants, ether solvents 75% ethanol, peracetic acid, and chloroform". However, they have little or no impact on the virus if you put them on the skin or under your nose. In fact, it can even be downright dangerous to put those chemicals on your skin.

(To be continued)

## FAITH FORMATION

### Dear Padre,

#### **Why does the Church oppose stem-cell research, especially when it has the potential to cure illnesses like Parkinson's disease?**

Stem cells are unspecialized cells with the ability to divide and produce a variety of more specialized cells. Scientists hope that one day they can be coaxed into specific kinds of cells that can cure disease or repair diseased organs. In its 2008 statement On Embryonic Stem Cell Research, the United States Conference of Catholic Bishops noted that there are two kinds of stem cells. Adult stem cells come from umbilical cord blood, adult tissue, and placenta. The bishops say they "can be obtained without harm to the donor and without any ethical problem." Embryonic stem cells, on the other hand, are obtained by destroying embryonic human beings in the first days of development. Since harvesting these cells involves the deliberate killing of humans, obtaining or using this kind of cell is immoral. This is why the Church has opposed extending federally funded stem-cell research beyond currently existing cell lines. Although stem-cell research may hold vast therapeutic potential, it's never permissible to sacrifice a human being for the good of others. The bishops clarify the moral hazards when they say, "The same ethic that justifies taking some lives to help the patient with Parkinson's or Alzheimer's disease today can be used to sacrifice that very patient tomorrow, if his or her survival is viewed as disadvantageous to other human beings considered more deserving or productive." Catholics should support further research on adult stem cells, which show great promise, and resist efforts to expand research using embryonic cells.

From *Sexuality and Morality: Answers for Modern Catholics*, © 2014, Charles E. Bouchard, OP (Liguori Publications)



June 22-29, 2020

Pray that people of all faiths would be free to worship without fear of attacks and harassment.

**PRAY-REFLECT-ACT**