



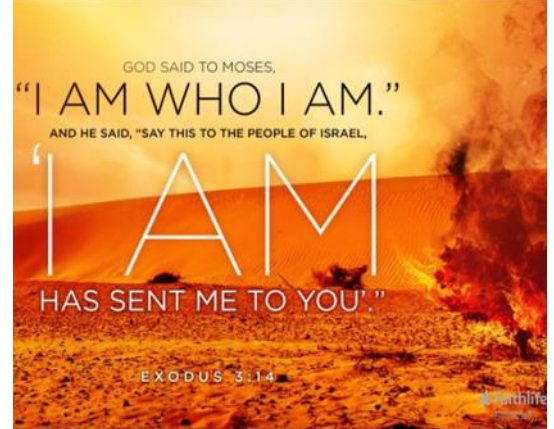
St. Benedict Catholic Church

March 20, 2022

Third Sunday of Lent

I Am!

If you have ever tried to explain a profound experience of love, fear, or excitement; of music, nature, or life itself, you know that no words can adequately capture the essence of that experience. If it is thus with a human experience, what must it be like with an experience of God? Such was the situation with Moses. He came upon a bush that was burning, yet not burning up. He probably thought that this was an unfamiliar natural phenomenon. It was only as he got closer, and a voice spoke to him that he realized it was not natural at all. It was a sacred event unfolding at a sacred place. There God said: "I am the God of your father" (Exodus 3:6). This was an identification, but not a name. It was only later when Moses asks for God's personal name that God's real identity was revealed. Or was it? Scholars agree that the name given is some form of the verb "to be," but they are not in agreement as to which form. Is it "I am who I am," "I will be who I will be," or "I cause to be what has come to be"? The name indicates that God is the power of existence, but it is not clear what this means or how it works. Some commentators maintain that God is telling Moses and us: This is as close to my full identity as you can come. You wouldn't understand it anyway. Be satisfied knowing that "I Am."



Sr. Dianne Bergant, CSA

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For Reflection

☪ *Reflect on this idea: profound human experiences open our minds and hearts to the experience of God.*

☪ *Remember, this mysterious incomprehensible God cares for each of us.*

TODAY'S READINGS

First Reading: "This is my name forever; thus am I to be remembered through all generations." Ex 3:1-8a, 13-15

Psalm: The Lord is kind and merciful. Ps 103: 1-2, 3-4, 6-7, 8, 11.

Second Reading: ...whoever thinks he is standing secure should take care not to fall. 1 Cor 10:1-6, 10-12

Gospel: But I tell you, if you do not repent, you will all perish as they did! Lk 13:1-9

OFFICE HOURS: Monday thru Friday 9:00 a.m. to 3:00 p.m.

The office is closed on holidays and weekends.

BULLETIN: Articles and photos (with caption) for the bulletin must be *emailed* to st.benedict@rcchawaii.org Submission deadline: TUESDAY at 5:00pm.

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MISSION CHURCH:

ST. JOHN THE BAPTIST

Kealakekua

WEEKEND MASSES

St. Benedict Hall, Honaunau

Saturday 4:00 p.m.

Sunday 8:00 a.m.

Sunday 10:00 a.m.

St. John the Baptist

Saturday 6:00 p.m.

WEEKDAY MASSES

St. Benedict Honaunau

7:00 a.m. Tuesday,

Thursday & Friday

St. John the Baptist

Wednesday 7:00 a.m.

PASTOR

Rev. Siegfred Dosdos

DEACON

Craig Camello

BUSINESS MANAGER

Susan Keen

OFFICE STAFF

Penny Burgess

RELIGIOUS EDUCATION

Edwina Fujimoto

YOUTH & YOUNG ADULT

Edwina Fujimoto

MUSIC DIRECTOR

Ariel Hadap

FOOD PANTRY

Francisco and Debra Javar

HOSPITALITY



HOSPITALITY

ALOHA AND WELCOME HOME

Social distancing and masks are required.

We welcome all to celebrate The Eucharist with us.

BISHOP SILVA ENDED THE DISPENSATION

from the obligation to attend Sunday Mass, which had been in effect since mid-March, 2020. However, anyone who is sick, may have been exposed* to anyone with **COVID-19**, or who has a health condition that would endanger themselves or others by being present in church, continues to be dispensed.

* Exposed (close contact) to COVID-19 is defined as being within 6 feet of a person with COVID-19 for 15 minutes or more over a 24-hour period (regardless of mask use).

SACRAMENTS

Funerals may now take place again in St. Benedict Hall Chapel according to the same guidelines as weekend Masses, i.e. following all health and safety precautions. Please contact the office for most current guidelines.

Baptisms may take place according to the same guidelines as weekend Masses. They will be done in such a way that the same water is not poured on more than one person or stored in the font after use.

Sacrament of Reconciliation

At this time Father Sieg is available for Confessions by appointment, observing all proper precautions. Call the office 328-2227.

Eucharist to Homebound and Hospitalized

Call the office to arrange for a visit from a priest or an Extraordinary Minister of Holy Communion.

A WORD FROM Pope Francis



Fasting, prayer and almsgiving, as preached by Jesus, enable and express our conversion. The path of poverty and self-denial (fasting), concern and loving care for the poor (almsgiving), and childlike dialogue with the Father (prayer) make it possible for us to live lives of sincere faith, living hope, and effective charity.

LENTEN MESSAGE FOR 2021, NOVEMBER 11, 2020

FAITH FORMATION

Try a New Pattern of Prayer!

If you haven't been praying at all, this is a great time to choose to begin. It is important to be realistic at the beginning, recalling what you need to accomplish each day and asking for grace to act as a child of God. Maybe go to bed a half an hour earlier, and get up a half hour earlier and give yourself some time to read the daily readings, or find a reflection on the readings, or search a Lenten website to read. You may choose to go to Mass each day during Lent or choose to get to church on every Sunday just 15 minutes earlier, so you can reflect on how your Lent is going. Perhaps you would want to start to journal the day to day reflections that you feel, the desires you



SAINT OF THE WEEK –Feast Day 3/26 SAINT LUDGER OF UTRECHT

Born c. 743 at Zuilen, Friesland (Netherlands)

Ludger studied in England 3-1/2 years and returned to Netherlands in 773 as a missionary. He was sent to Deventer in 775 to restore a chapel destroyed by pagan Saxons. He was ordained in 777 at Cologne, Germany. He was

a missionary to Friesland from 777 to 784, returning to Utrecht each fall to teach in the cathedral school. He left when pagan Saxons invaded and expelled all priests. In 785 he went on pilgrimage to Rome, Italy and met with Pope Adrian I and the two exchanged counsel. Next he lived as a Benedictine monk at Monte Cassino, Italy from 785 to 787, but did not take vows. While there, Ludger was reported to have cured the blindness of the blind pagan bard Berulef, whom he converted. A city grew up around the monastery property, and was named Munster which came from the Latin "monasterium". Ludger was ordained first bishop of Munster in 804. In later years his health failed but he never reduced his work load or neglected prayer and meditation time, his source of strength. In the evening of Passion Sunday March 26, 809 he died after celebrating Mass –twice.

An Act of Spiritual Communion

My Jesus,

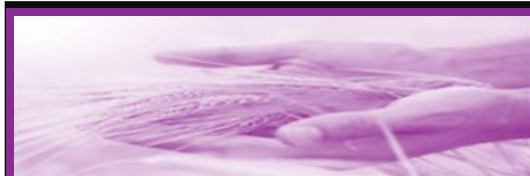
*I believe that You are present
in the Most Holy Sacrament.*

*I love you above all things,
and I desire to receive You into my soul.*

*Since I cannot at this moment
receive You sacramentally,
come at least spiritually into my heart.*

*I embrace You as if You were already there
and unite myself wholly to You.*

Never permit me to be separated from You. Amen.



PRAYER

DEVOTION TO OUR BLESSED MOTHER



Lent is a special time for venerating Mary as our sorrowful mother. This is done in the Stations of the Cross, which often includes the singing of verses from the medieval hymn, the Stabat Mater,

“At the cross her station keeping,
Stood the mournful Mother weeping,
Close to Jesus to the last.
Through her heart, his sorrow sharing,
All his bitter anguish bearing,
Now at length the sword had pass’d.
Oh, how sad and sore distress’d
Was that mother highly blest
Of the sole-begotten One!”

Pray the Rosary Daily

PRAYER FOR HEALING THE SICK

Lord God, we dwell in your house, drink in your presence and find peace and rest in your arms.

We believe in your name, ask for your healing, and believe and trust in your love.

We thank you for your sacrifice, receive all you have for us and pray and ask for restoration.

We need your touch. We wait on you. You are our savior, our friend, and our hope. Amen.

**FOR HEALING AND STRENGTH,
KEEP THEM IN YOUR PRAYERS...**

Jeanette Laris, Finnan Sambursky, Gwen McKinney, Rafael Ramirez, Tamo Wong, Jeffrey Crusat, Robin Crusat, Cheryl Ono, Michelle Paopao-Skillern, William Anderson, Lionel Gaspar, Gloria Grapa, Tamayo Hanato, Mary Bunao, Linda Laskow, Caroline Smith, Hilda Sebastian, Dorothy Kelepolo, Elizabeth Awa, Ruby Ann Kaho’onei, Johnny Koene, Charles & DeeDee Tripoli, Linda Adkins, Guy Miranda, Keiki San Filippo, Dottie Combs. * Call the office to add your loved one or yourself to the list of those needing prayer.

PRAYER

CALENDAR

Monday MARCH 21
Lenten Weekday 2 Kgs
5:1–15ab Lk 4:24–30

Tuesday MARCH 22
Lenten Weekday Dn
3:25, 34–43 Mt 18:21–35

Wednesday MARCH 23
Lenten Weekday Dt 4:1,
5–9 Mt 5:17–19

Thursday MARCH 24 Len-
ten Weekday Jer 7:23–28
Lk 11:14–23

Friday MARCH 25 The
Annunciation of the Lord
Is 7:10–14; 8:10 Heb 10:4
–10 Lk 1:26–38

Saturday MARCH 26
Lenten Weekday Hos 6:1
–6 Lk 18:9–14

Sunday MARCH 27
Fourth Sunday of Lent
Jos 5:9a, 10–12 2 Cor
5:17–21 Lk 15:1–3, 11–32



“In order that the
family walk well,
with trust and
hope, it must be
nourished with the
Word of God.”

-Pope Francis-

The Fast Life

**Fast from judging others;
Feast on Christ
dwelling in them.**

**Fast from fear of illness;
Feast on the healing
power of God.**

**Fast from words that
pollute;
Feast on speech that purifies.**

**Fast from discontent;
Feast on gratitude.**

**Fast from anger;
Feast on patience.**

**Fast from pessimism;
Feast on hope.**

**Fast from negatives;
Feast on encouragement.**

**Fast from bitterness;
Feast on forgiveness.**

**Fast from self-concern;
Feast on compassion.**

**Fast from suspicion;
Feast on truth.**

**Fast from gossip;
Feast on purposeful silence.**

**Fast from problems
that overwhelm;
Feast on prayer that sustains.**

**Fast from anxiety;
Feast on faith.**

*Thank God...
for the gift of Jesus
in the Eucharist!*



**Third Sunday
of Lent**

[Luke 13:1-9] and [John 4:5-42]

**Treasure Hunt
A Self-Reflection
Treasure Hunt**

1. In Luke’s Gospel this week, Jesus challenges us to abandon the long-held belief that those who died at Pilate’s hands and the 18 who died at the t_____ o__ S_____ were greater s_____ than us.
2. Twice Jesus warns, “If you do not r_____, you will all p_____ as they did.”
3. What does *The Parable of the Barren Fig Tree* reveal about God’s patience with us? [**Challenge:** Cite another passage from Scripture demonstrating God’s patience with us.]
4. In John’s 4:5-42 (Cycle A), Jesus tells the Samaritan woman that the “I_____ w_____” is “a spring of water welling up to e_____ l_____.”
5. How do Jesus’ words to the Samaritan woman, “I am He the one speaking with you” move her to evangelism?

BONUS: What is it about our Faith that inspires **you** to spread the *Good News*?

**Answers to last week’s Treasure Hunt
The Second Sunday of Lent**

1- high place (Mount Tabor), pray; **2-** sleep, fully awake; **3-** Moses symbolizes the Law and Elijah the Prophets; **4-** Jesus’ Passion and Death in Jerusalem; **5-** We cannot prevent the inevitable from happening (we cannot remain stuck in the past); **6-** self-reflective responses

PARISH COMMUNAL PENANCE SERVICE

Our Lenten Reconciliation Service will be at St. John the Baptist Mission on Tuesday, March 29, 2022 at 6 p.m. There will be five priests available from the West Hawaii Vicariate. Please mark your Lenten Calendar.

Confession is the gift of Jesus that holds a treasure of grace. Most Catholics believe they are morally pretty good. We measure ourselves not against the standards of the Lord, but against the standards of our fallen, secular society. Satan tempts us to deny responsibility for our sins. Our best weapon to defeat the Prince of Darkness is bringing our sins to light as we confess them to the priest who is ‘in persona Christi’ in the Sacrament of Reconciliation, granting absolution.

Dear Padre,

Can people convert to Catholicism only during Lent and Easter ?

People can convert to Catholicism at any time, but Lent and Easter are especially associated with the journey of believers into our communion. If a person is in danger of imminent death, reception into the Church can happen in a matter of moments at any time during the year. However, most people who want to join the Church needn’t rush. The Church can gradually tutor them in the life and faith of the community over the course of a year or more. Adult converts normally do this through the Rite of Christian Initiation of Adults (RCIA), which helps move people from a stage of curiosity and inquiry into fully conscious and active participation in the faith and life of the Church. It does this while attending to the rhythm of the Church’s liturgical year. Lent plays a key role in the RCIA as a season of intense spiritual preparation for those who will be received into the Church at the Easter Vigil. The Easter season is the traditional time for new converts to engage in the period of mystagogy—when they explore with the faith community the significance of the mysteries they’re now living in their baptism, confirmation, and celebration of the Eucharist.

Fr. Matthew Allman, CSsR
Sundaybulletin@Liguori.org

SERVICE

ST. BENEDICT FOOD PANTRY

The regular St. Benedict Food Pantry schedule continues to be the 2nd and 4th Fridays from 9 am to 10 am. **Next open on Friday, March 25th.**

MAHALO FOR SHARING YOUR HARVEST!

A special “thank you” to Rudy & Lita Ratum-Sibucao for donating some of their papaya crop to St. Benedict Gift Shop where we offer it to visitors as part of their “aloha experience” at the Painted Church.

CATHOLIC RELIEF SERVICES COLLECTION

Next week’s ‘second collection’ will be for the Catholic Relief Services. Your generosity will help with their many programs, including the USCCB Office for International Justice and Peace, Migration and Refugee Services, relief work of the Holy Father, and the Catholic Legal Immigration Network.