



# St. Benedict Catholic Church

## Sunday March 7, 2021

### Third Sunday of Lent

#### The Long Arm of the Law



Eventually you're going to get caught. That's what this expression means. And that is pretty much how most people understand law—as something that hems them in and, if disregarded, will get them in the end. But that is not how Israel understood its law. The psalm verses for today insist that the law refreshes the soul, rejoices the heart, enlightens

the eye, is more precious than gold, and is sweeter than syrup or honey from the comb. The people cherished the law because it outlined for them how they were to live as God's Chosen People.

People who want to run a marathon, learn to fly a plane, or join a club are eager to take on the directives that will enable them to accomplish their goal. That is how Israel viewed the law outlined in today's first reading. It's as if God said: "If you want to be my people, this is the way you should live." Whenever the law of Israel seems to be criticized (as is often the case in St. Paul's writings), it is not really the law itself but the inappropriate attitude toward it that is censured. As important and precious as the law might be, it is only a means to an end. It is not the end itself, any more than the directives for flying a plane are what are uppermost. From the Bible's point of view, the long arm of the law is meant to direct and support us, not intimidate us.

-Sr. Dianne Bergant, CSA  
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#### MISSION CHURCH:

ST. JOHN THE BAPTIST  
Kealakekua

#### WEEKEND MASSES

St. Benedict Hall, Honaunau  
Saturday 4:00 p.m.  
Sunday 8:00 a.m.  
Sunday 10:00 a.m.

#### WEEKDAY MASSES

St. Benedict, Honaunau  
7:00 a.m. Tues., Thurs. &  
Friday  
St. John the Baptist  
Kealakekua  
7:00 a.m. Wednesday

#### PASTOR

Rev. Siegfred Dostos

#### DEACON

Craig Camello

#### BUSINESS MANAGER

Susan Keen

#### OFFICE STAFF

Penny Burgess

#### RELIGIOUS EDUCATION

Edwina Fujimoto

#### YOUTH & YOUNG ADULT

Edwina Fujimoto

#### MUSIC DIRECTOR

Ariel Hadap

#### FOOD PANTRY

Francisco and Debra Javar

#### FOR REFLECTION

- ☪ The laws in today's first reading deal with basic living. Which ones seem to be the hardest to live by? Why?
- ☪ Which laws give you the most support as you try to live with integrity?

#### TODAY'S READINGS

**First Reading:** In those days, God delivered all these commandments... **Ex 20:1-17**

**Psalm:** Lord, you have the words of everlasting life. **Ps19:8, 9, 10, 11**

**Second Reading:** ...but we proclaim Christ crucified. **1 Cor 1:22-25**

**Gospel:** "Destroy this temple and in three days I will raise it up." **Jn 2:13-25**

**OFFICE HOURS:** Monday thru Friday 9:00 a.m. to 3:00 p.m.

The office is closed on holidays and weekends.

**BULLETIN:** Articles and photos (with caption) for the bulletin must be *emailed* to [st.benedict@rcchawaii.org](mailto:st.benedict@rcchawaii.org) Submission deadline: **TUESDAY at 5:00pm.**

**WEBSITE:** [thePaintedChurchHawaii.org](http://thePaintedChurchHawaii.org)

# HOSPITALITY



## ALOHA AND WELCOME HOME

In compliance with Bishop Silva’s directives, our Masses are being held at St. Benedict Hall Chapel. Social distancing and masks are required. Due to limited space it would be best to arrive early. No one has been turned away yet, however more are attending each week. Thank you for your understanding.

### SUNDAY MASS OBLIGATION -COVID-NEW

Bishop Larry Silva has issued a new directive extending the dispensation for Sunday and Holy Day Mass to **April 1, 2021, Holy Thursday.** **I would urge all our parishioners who can safely do so to return to worship at Sunday Mass.”** The Bishop also urges anyone who is unable to attend Mass to engage in some form of prayer or worship, especially during the penitential season of Lent.

### SACRAMENTS

**Funerals** may now take place again in St. Benedict Hall Chapel according to the same guidelines as weekend Masses, i.e. following all health and safety precautions. Funerals at this time may not include visitation times, only the Vigil for the Deceased, a Funeral Mass and Committal may be held.

**Baptisms** may take place according to the same guidelines as weekend Masses. They will be done in such a way that the same water is not poured on more than one person or stored in the font after use.

#### **Sacrament of Reconciliation**

At this time Father Sieg is available for Confessions by appointment, observing all proper precautions. Call the office 328-2227.

#### **Eucharist to Homebound and Hospitalized**

Call the office to arrange for a visit from a priest or an Extraordinary Minister of Holy Communion.

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**“The Sacraments are the manifestation of the Father’s tenderness and love towards each of us.”**

*-Pope Francis*

## LIVE STREAMING ONLINE MASSES

Cathedral Basilica of Our Lady of Peace—Oahu

Sunday: 10am (Bishop Silva) Mon—Sat: 12pm

<https://www.facebook.com/HonoluluCathedralBasilica/live>

St. Michael 9am English and 11am Spanish:

[www.facebook.com/onecatholicohana/live](http://www.facebook.com/onecatholicohana/live) or

YouTube channel: [bit.ly/stmichaelkonayoutube](http://bit.ly/stmichaelkonayoutube)

## Daily Inspiration for Your Lenten Journey

**Third Sunday of Lent** In today’s first reading, we are reminded of the Ten Commandments. Which commandment do you struggle with the most? Aim for one small improvement this week.

**Monday March 8** “The Church’s obligation to participate in shaping the moral character of society is a requirement of our faith. It is a basic part of the mission we have received from Jesus Christ.” (Forming Consciences for Faithful Citizenship, no. 9)

**Tuesday March 9** Today is the memorial of St. Frances of Rome, who organized a women’s religious order—the Oblates of Mary—and was known for her great charity. In her honor today, let us pray for those in consecrated life.

**Wednesday March 10** Heart of Jesus, Son of the eternal Father, have mercy on us. (Litany of the Sacred Heart)

**Thursday March 11** During Lent we often pray the seven penitential psalms, like this one, “Out of the depths I call to you, LORD; / Lord, hear my cry! / May your ears be attentive / to my cry for mercy.” (Ps 130:1-2, NABRE)

**Friday March 12** “When we begin to separate people in our thoughts for unjust reasons, when we start to see some people as ‘them’ and others as ‘us,’ we fail to love.”

**Saturday March 13** In Lent, we are called to renew our baptismal commitment. We recall those waters in which we were baptized into Christ’s death, died to sin and evil, and began new life in Christ.

## RITE OF ELECTION - INVITATION

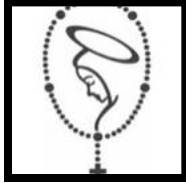
This Sunday, March 7 at 8 a.m., Father Siegfried Dosdos will celebrate the service of the Rite of Election at St. Benedict. Izarae Fernandez will affirm her intention to join the Church by signing the Book of the Elect, and the Church will make its “election” of Izarae to continue her journey to the three Sacraments of Initiation at Easter Vigil, where she will be baptized, confirmed and receive Holy Eucharist for the first time. She is currently assisting the Music Ministry during 8 am Mass by posting the prayers and responses from the computer to the monitor. Please join us in welcoming Izarae into our community. Should you have any questions, please call Marjorie at 323-3469.



PRAYER

DEVOTION TO THE BLESSED VIRGIN MARY

O Mary, Mother of love, sorrow and mercy, we beg you to unite your prayers with ours so that Jesus, your Divine Son to Whom we turn, may hear our petitions in the name of your maternal tears and may give us in addition to the favors we ask, the crown of everlasting life. Oh Sorrowful Mother, destroy the Kingdom of Satan with your Holy Tears. Oh Jesus bound and chained, through your Divine Humility, defend the world from the errors that threaten it. Amen.



PRAYER FOR THE SICK

Heavenly Father, we lift up all those who are facing various illnesses. Give them the hope and courage they need today and every day. Comfort their pain,

calm their fears, grant them healing, according to Your will. Keep them in Your loving care, and surround them with Your peace. Amen.

FOR HEALING AND STRENGTH, KEEP THEM IN YOUR PRAYERS...

Ronald Pegelow, Alex Cadang, Linda Laskow, Caroline Smith, Liam Jones (age two), Hilda Sebastian, Stephen Texeira, Dorothy Kelepolo, Elizabeth Awa, Ruby Ann Kaho'onei, Johnny Koene, Tony Dias, Robin Crusat, Charles Tripoli, Danny Burgess Jr., Helen Doria, Linda Adkins, DeeDee Tripoli, Guy Miranda, Venancio Mendoza, Keiki San Filippo, Michael Suber, Eddie Navas, Dottie Combs. \*\*\*Call the office to add your loved one or yourself to the list of those needing prayer.



"We make charity reign with the gentleness of the heart, with compassion, with helping each other, with giving our hand to walk together."

-St. Luigi Orione

PRAYER

An Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love you above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.

Amen.

Thank God... for the gift of Jesus in the Eucharist!

CALENDAR

Monday MARCH 8 Lenten Weekday 2 Kgs 5:1—15ab Lk 4:24—30

Tuesday MARCH 9 Lenten Weekday Dn 3:25, 34—43 Mt 18:21—35

Wednesday MARCH 10 Lenten Weekday Dt 4:1, 5—9 Mt 5:17—19

Thursday MARCH 11 Lenten Weekday Jer 7:23—28 Lk 11:14—23

Friday MARCH 12 Lenten Weekday Hos 14:2—10 Mk 12:28—34

Saturday MARCH 13 Lenten Weekday Hos 6:1—6 Lk 18:9—14

Sunday MARCH 14 Fourth Sunday of Lent 2 Chr 36:14—16, 19—23 Eph 2:4—10 Jn 3:14—21



'Before beginning to Read:

...raise your mind to the Lord and implore Him to Guide your mind Himself, to Speak to your heart and Move your will.'

-St. Padre Pio of Pietrelcina





**Lenten  
Treasure Hunt  
#4  
The Stations of the**

1. What **day** in the life of Jesus does the Stations of the Cross commemorate?
2. Who were **THREE** people who helped Jesus, willingly or unwillingly, on this day?
3. While \_\_\_\_\_ displayed contempt for Jesus in Station 1, \_\_\_\_\_ showed grief and compassion for Him in Station 4.
4. How many times did Jesus fall while carrying His cross?
5. Latin for “Sorrowful Way,” \_\_\_\_\_ is the **original** pilgrimage to Jesus’ Passion walked by multitudes in Old Jerusalem.

Write your answers to this week’s treasure hunt on a piece of paper and bring them to Mass. Or, email your answers to the church. [Please include your name.]

**Answers to last week’s Treasure Hunt:**

**The Transfiguration of the Lord**

- 1.** Jesus’ Baptism & Transfiguration; **2.** Moses, Elijah; **3.** Peter; **4.** Resurrection; **5.** Luminous

**SAINT OF THE WEEK—ST. LUIGI ORIONE  
1872—1940 Feast Day March 12<sup>TH</sup>**



The founder of The Little Work of Divine Providence, which encompasses two active and two contemplative religious orders for men and women as well as a lay movement, was born in Italy’s Piedmont. After early sojourns with Franciscans and

Salesians, he entered the seminary of the Diocese of Tortona and was ordained in 1895. Always devoted to the care of others, especially the poor and sick, Don Orione established schools and learning centers, worker hostels, hospitals, and homes for the elderly, disabled, sick and blind. The members of his apostolate serve today in 300 foundations in Europe, Asia, Africa and North and South America. The dying words of this priest, who was canonized in 2004, were “Jesus ... Jesus... Jesus.”



**Our deacon was preaching about Lent and mentioned that the Church calls us to metanoia. What did he mean?**

Most of us think of Lent as a time of penance. We receive our ashes and take up some traditional practice of giving up something or doing something for Lent. But there’s more to Lent than just practices of piety or acts of penance and mortification. Your deacon is correct. In Lent, the Church calls us to metanoia, a Greek word meaning “a change of mind and heart.” We begin a new way of thinking and acting. We take a long, hard look at our lifestyle and compare it to the values Jesus offers. Then we change our lives to match the values of the Lord. This, of course, is difficult to do alone. The Church asks us to pray during Lent that the Lord’s power will enter our lives and give us the wisdom to see a new direction and the courage to move in that direction. The Church suggests we strengthen our resolve through acts of personal mortification and sacrifice for others. This will tighten the belt of our discipline and train us for the more sweeping changes that we must make. The Scripture readings for the first three weeks of Lent center on metanoia. The readings direct us to understand what is involved with “changing our hearts” and seeking a new life direction. Listen to them well and they will lead you to metanoia.

*From Dear Padre: Questions Catholics Ask  
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**A WORD FROM POPE FRANCIS...**

I urge the members of the Church to take up the Lenten journey with enthusiasm, sustained by almsgiving, fasting, and prayer. If, at times, the flame of charity seems to die in our own hearts, know that this is never the case in the heart of God! He constantly gives us a chance to begin loving anew. *LENTEN MESSAGE FOR 2018, NOVEMBER 1, 2017*

SERVICE

**A BIG MAHALO...**

...to Hano Grace, Bruce Hashimoto, and James Morton for the repairs done to the wooden crosses on the Stations of the Cross path at St. Benedict’s. It is much safer there now. Mahalo!

**ST. BENEDICT FOOD PANTRY**

The Food Pantry is open from 9:00 a.m. to 10:00 a.m. on every 2nd and 4th Friday of each month. Next open for food distribution on **March 12, 2021**. Mahalo to those who continue to serve.