



St. Benedict Catholic Church

February 19, 2023

Seventh Sunday in Ordinary Time

PARISH:

ST. BENEDICT, Honaunau
84-5140 Painted Church Rd.
Captain Cook, HI 96704
Phone: 808-328-2227

Fax: 808-328-8482

email: st.benedict@rcchawaii.org

MISSION CHURCH:

ST. JOHN THE BAPTIST
Kealahou

WEEKEND MASSES

St. Benedict

Saturday 4:00 p.m.

Sunday 7:15 a.m.

HAWAIIAN MASS

Every Second Sunday
7:15 a.m.

St. John the Baptist

Saturday 6:00 p.m.

Sunday 9:30 a.m.

WEEKDAY MASSES

St. Benedict Honaunau

7:00 a.m. Tuesday,

Thursday & Friday

St. John the Baptist

Wednesday 7:00 a.m.

PASTOR

Rev. Siegfred Dosdos

BUSINESS MANAGER

Susan Keen

OFFICE STAFF

Penny Burgess

RELIGIOUS EDUCATION & YOUTH & YOUNG ADULT

Edwina Fujimoto

MUSIC DIRECTOR

Ariel Hadap

FOOD PANTRY

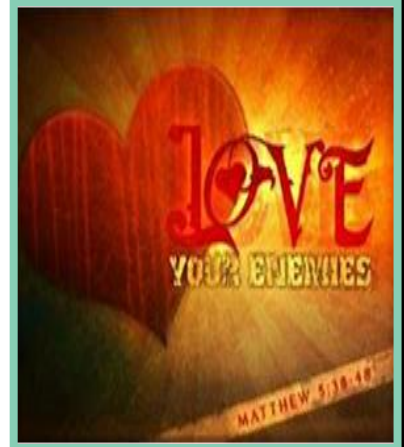
Gloria & Kenneth Ciriako
Victoria McLoughlin, and
Patricia Nelson

Like a Sponge

FR. JOSEPH JUKNIALIS

To turn the other cheek, to go the extra mile, to love one's enemy, all of that is to absorb and thus stop the evil that can saturate life. When we do that, then evil ends with us, lest it keep escalating like a tsunami that overwhelms life. Is anyone really willing to absorb the evils of life? Many are. Parents do who walk the floor at night with a crying infant or care for a child sick with a cold and then find themselves suffering the same illness. They absorb the evil in order to bring some comfort and so ease the child's pain. Someone does as well who listens endlessly to a lonely person on the phone or over a cup of coffee. They absorb the loneliness even as it tests their own patience. Those who protest injustice by participating in nonviolent demonstrations and then find themselves mistreated or even dealt with violently, they absorb the hate of others. "Be holy, for I, the Lord, your God, am holy" (Leviticus 19:2), says the Lord to Moses. Absorbing the evils of life is a different sort of holiness, different than saying more prayers or giving up enjoyments during Lent. Part of our tradition is to do penance during the season of Lent. Perhaps this year a penance might be to become conscious of each day's opportunities to simply absorb someone's suffering, another's pain, a bit of the evil that so often ricochets through our days, always doing so in the image of Jesus.

© 2023 LIGUORI PUBLICATIONS • LIGUORI, MO 63057



For Reflection

© 2023 LIGUORI PUBLICATIONS • LIGUORI, MO 63057-9999

☞ *When have you ever suffered as you absorbed someone else's pain?*

TODAY'S READINGS

First Reading: You shall love your neighbor as yourself. Lv 19:1-2, 17-18

Psalm: The Lord is kind and merciful. Ps 119:1-2, 4-5, 17-18, 33-34

Second Reading: For the wisdom of this world is foolishness in the eyes of God ...

1 Cor 3:16-23

Gospel: "...So be perfect as your heavenly Father is perfect." Mt 5:38-48

OFFICE HOURS: Tuesday thru Friday 9:00 a.m. to 3:00 p.m.

The office is closed on holidays and weekends.

BULLETIN: Articles and photos (with caption) for the bulletin must be *emailed* to st.benedict@rcchawaii.org Submission deadline: TUESDAY at 5:00pm.

WEBSITE: thepaintedchurchhawaii.org

Welcome
May God Bless You

ALOHA AND WELCOME HOME!

Updated Covid-19 Liturgical Directives and Cold & Flu Guidelines

All remaining Covid-19 liturgical restrictions are lifted except for the suspension of the distribution of the Precious Blood to the congregation.

As always, you are reminded to use common sense for your health and safety during the annual cold and flu season. If you are feeling ill or think you may have been exposed to a virus, you should refrain from coming to Mass. In the same way, you should refrain from offering your hand to others at the sign of peace. A smile and a heartfelt "Peace be with you" should suffice. All of us must be aware of such sensitive matter in the intimate life of the Christian community and we should expect that some will refrain from a physical expression of the sign of peace out of care of our well-being and not out of unkindness or lack of piety.

SACRAMENTS

Funerals Please contact the office for information about available dates *before* making arrangements with the mortuary or cemetery.

Baptisms may take place according to the same guidelines as weekend Masses. They will be done in such a way that the same water is not poured on more than one person or stored in the font after use.

Sacrament of Reconciliation

At this time Father Sieg is available for Confessions by appointment, observing all proper precautions. Call the office 328-2227.

Eucharist to Homebound and Hospitalized

Call the office to arrange for a visit from a priest or an Extraordinary Minister of Holy Communion.

A WORD FROM Pope Francis

If we want to call ourselves Christians, this is the only way; there is no other. Having been loved by God, we are called to love in return; having been forgiven, we are called to forgive; having been touched by love, we are called to love without waiting for others to love first....



HOMILY IN BARI (ITALY), FEBRUARY 23, 2020

A Prayer for Lenten Grace

Loving God,

During the sacred season of Lent, bring me closer to you. Prepare a place in my home and heart for silence and solitude, so that I may re-discover the grace of a prayer-full life. Help me to fast from those things that threaten the well-being of body and soul and remind me of the grace of simplicity. Enlarge my heart so that I give to those in need and, in so doing, re-discover the grace of gratitude and generosity.

May this season be a grace-filled time to rekindle my love for and faith in you.

Amen.

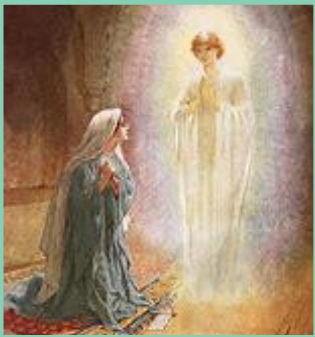
SAINT PETER DAMIAN 1007- 1072 BISHOP AND DOCTOR OF THE CHURCH FEAST DAY FEBRUARY 21ST

Peter's parents died when he was young, the youngest child in the family. He then lived with an older brother and was mistreated and forced to labor. Another brother who was a priest named Fr. Damian took him in and educated him. He was so grateful to his brother that he added his name and became Peter Damian. He began to teach very successfully but soon found that University teaching was not for him. He went to a monastery for a 40-day retreat and discerned a call to monastic life. He soon received the habit. He lived a secluded life of prayer and extreme penances, so severe they harmed his health sometimes. He was very gifted intellectually and was asked to teach his fellow monks. In the next years he taught in his own and neighboring monasteries and began to write. At age 35 Brother Peter Damian was named prior of his monastery. He led them fervently and faithfully to their Rule. At that time, Pope Benedict IX was causing scandal in the papacy that he attained by bribery and was living an immoral life. In 1045 the pope left the papacy and his godfather, Fr. John Gratian, who was a holy man, took over the papacy as Pope Gregory VI. The new pope and several popes after him wrote to Peter Damian imploring him to confront all the scandal and corruption. He fought simony, reformed monasteries and clergy. He also was a personal model of holiness. In 1057, he was named Cardinal-Bishop of Ostia, even after his attempts to turn the position down. He quickly challenged his brother cardinals and continued fighting the evils in the Church. In 1072, he died, surrounded by monks chanting around his bed. He was a valiant reformer during a troubled time in the Church.



STEWARDSHIP

MAXIMIZING GOD'S BLESSINGS FOR HIS GLORY



The Angelus

V. The Angel of the Lord declared unto Mary.
R. And she conceived of the Holy Spirit.
Hail Mary, full of grace, The Lord is with Thee; Blessed art thou among women, And blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, Pray for us sinners, Now and at the hour of our death. Amen
V. Behold the handmaid of the Lord.
R. Be it done unto me according to thy word.
Hail Mary, etc.
V. And the Word was made Flesh.
R. And dwelt among us.
Hail Mary, etc.
V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.

LET US PRAY
 Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ Thy Son was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection. Through the same Christ Our Lord. Amen.

PRAYER FOR THE SICK

May God, the Father of all, bless His children who are sick and give comfort to their families. May they have good **health**, protection and strength.. May God, Our Creator, take away all their **health** related problems and worries and may the Holy Spirit give them peace, freedom, strength and protection. We humbly ask this through Jesus, Your Son. Amen.

PRAY

FOR HEALING AND STRENGTH, KEEP THEM IN YOUR PRAYERS...

Maureen Stibil, Clifford Chow Jr., Patsy Sabarre, Bernard Labasan, Azarias Dosdos, John Herman, Janet Katakura, Merton Ogata, Carol Crusat, Henry Borges, Jim Shrewsbury, Emily Griego, John Sanchis, Rafael Ramirez, Jeffrey Crusat, Robin Crusat, William Anderson, Linda Adkins, Gloria Grapa, Tamayo Hanato, Caroline Smith, Hilda Sebastian, Elizabeth Awa, Ruby Ann Kaho'onei, Johnny Koene, Ruby Best, Jimmy Best, Keiki San Filippo.

Call the office to add your loved one or yourself to the list of those needing prayer.

An Act of Spiritual Communion

My Jesus, I believe that You are present In the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.

Amen

Thank God... for the gift of Jesus in the Eucharist!

PRAYER

CALENDAR

Monday February 20
 Weekday Sir 1:1–10
 Mk 9:14–29

Tuesday February 21
 Weekday Sir 2:1–11
 Mk 9:30–37

Wednesday February 22
 Ash Wednesday Jl 2:12–18
 2 Cor 5:20–6:2
 Mt 6:1–6, 16–18

Thursday February 23
 St. Polycarp, Bishop and Martyr
 Dt 30:15–20
 Lk 9:22–25

Friday
 February 24 Friday after Ash Wednesday
 Is 58:1–9a
 Mt 9:14–15

Saturday February 25
 Saturday after Ash Wednesday
 Is 58:9b–14
 Lk 5:27–32

Sunday February 26
 First Sunday of Lent
 Gn 2:7–9, 3:1–7
 Rom 5:12–19 or Rom 5:12, 17–19

You are the Bible the world is reading. Are they getting a true picture of Who Jesus is?





Seventh Sunday In Ordinary Time

[Matthew 5:38-48]

Treasure Hunt

1. In this week's Gospel Jesus says, "Give to the one who **a** _____ of you, and do not turn your back on one who wants to **b** _____."
2. Jesus also says to love your **e** _____ and to **p** _____ for the ones who persecute you.
3. When Jesus refers to the sun rising and the rain falling, **what lesson** is He teaching us?
4. **T/F**: Jesus tells us to "be perfect" so that we will receive spiritual gifts.
5. **For Reflection**: Is it difficult for you to pray for your enemies? Could this form of prayer become a Lenten goal for you?

BONUS: Hunt for these 'treasures' in this week's bulletin insert entitled: "Post Communion and Concluding Rites".

- a. What is the **purpose** of continuing our prayer after receiving communion?
- b. In the concluding rites of the Mass, our "mission" is to go forth to bring _____ to the world and _____ to the Church
- c. The Mass concludes when the priest bestows the _____ on the congregation.

Answers to last week's Treasure Hunt

Sixth Sunday in Ordinary Time

-1- abolish, fulfill; -2- righteousness; -3- murder, adultery, swearing; 4- "I say to you..."; -5- Yes, Yes, No, No; **BONUS**: **a.** Eucharistic Prayer; **b.** The Holy Spirit; **c.** "Through Him and with Him and in Him..."



NATIONAL
**Eucharistic
Revival**

Today—the last insert of the Diocese of Honolulu Teaching Mass is in our bulletin. Please read these pages which are part of the National Eucharistic Revival whose purpose is to "Inspire, Educate, and Unite" Catholics in the Holy Eucharist. Be inspired by God's greatest gift to us!

Check out the website for the National Eucharistic Revival
www.eucharisticrevival.org

Dear Padre,

I am wondering why Ash Wednesday is sometimes in February and sometimes in March. Who decides when Lent begins, and why is it always different?

The beginning of Lent is determined by the date of Easter, which is a movable feast, unlike Christmas, which is always on December 25. Easter falls on the first Sunday following the first full moon of spring. The first Sunday of Lent is six weeks before, and the Wednesday before the first Sunday of Lent is Ash Wednesday.

This subject has caused division in the Church since the second century, because the Eastern Church and the Western Church had different calendars. So, the calculations of the first full moon of spring differed and therefore the date of Easter and Ash Wednesday were different. Sometimes on a calendar you will see both Easter and Orthodox Easter listed on different Sundays. It is hard for most of us to appreciate why the differences between East and West are so important. Remember the prayer of Jesus, that we all may be one. We can honor our Lord's desire for unity and pray during this Lent for the unity of Christians everywhere.

The Redemptorists / DearPadre.org

† † † † LENTEN FAITH FORMATION † † † † GRADES 1 THRU 12

Lenten Faith Formation for grades 1 thru 12 will happen every Sunday during Lent (February 26th to April 2nd) at St. John the Baptist Hall from 11am to 12:30 pm.

[Registration this weekend, after 9:30 Mass at St. John Sunday, March 19th, at the hall, during our Mardi Gras Fellowship and Refreshments.](#)

SERVICE

ST. BENEDICT FOOD PANTRY

The *regular* St. Benedict Food Pantry schedule continues to be the 2nd and 4th Fridays of each month from 9:00 am to 10:00 am. **Next Distribution will be on Friday February 24, 2023.**

MAHALO FOR THE FRUIT!

Thank you to all who share their abundance of fruit with the Painted Church. Many visitors have never seen some of the tropical varieties we display. Tasting adds a little extra to their 'Aloha' experience.