



# St. Benedict Catholic Church

June 4, 2023

## The Solemnity of the Most Holy Trinity

### God Up There, God Down Here

FR. JOSEPH JUKNIALIS

#### PARISH:

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#### MISSION CHURCH:

ST. JOHN THE BAPTIST

Kealahou

#### WEEKEND MASSES

##### St. Benedict

Saturday 4:00 p.m.

Sunday 7:15 a.m.

##### HAWAIIAN MASS

Every Second Sunday

7:15 a.m.

##### St. John the Baptist

Saturday 6:00 p.m.

Sunday 9:30 a.m.

#### WEEKDAY MASSES

##### St. Benedict Honaunau

7:00 a.m. Tuesday,

Thursday & Friday

##### St. John the Baptist

Wednesday 7:00 a.m.

#### PASTOR

Rev. Siegfred Dosdos

#### BUSINESS MANAGER

Susan Keen

#### OFFICE STAFF

Penny Burgess

#### RELIGIOUS EDUCATION & YOUTH & YOUNG ADULT

Edwina Fujimoto

#### MUSIC DIRECTOR

Ariel Hadap

#### FOOD PANTRY

Gloria & Kenneth Ciriako

Victoria McLoughlin, and

Patricia Nelson



Which of these images best describes your God: gardener, friend, policeman, Santa Claus, magician, doctor, lover, parent, judge, the Force? Theologically, God is both transcendent and immanent, up there and down here. In other words, God is powerful, majestic, awesome, and all-knowing but always close, caring for us, forgiving, and comforting. Most of us lean toward one or the other in our spirituality. Whichever image you choose will tell you something about how you usually relate to God. None of the images are

necessarily right or wrong unless it locks us into relating to God in only one way. Our tendency to relate to God as either transcendent or immanent may influence our preference for liturgical style. If we view God primarily as transcendent, we will tend to appreciate the Mass as a sacrifice, celebrated formally with processions, incense, and majestic music. If we tend to relate to God as more immanent, we will tend to appreciate the Mass as a eucharistic meal with the community gathered around the altar table singing simpler music. As God is both transcendent and immanent, we should not have to choose. The ideal liturgical style would incorporate something of both transcendence and immanence. Today's story of Moses, who climbs Mount Sinai and there bows down in worship before God, is a story of the transcendence of God—majestic, powerful, awesome to behold. Today's gospel is of an immanent God who loved the world so much that he sent his Son, not to condemn it but to save it.

#### For Reflection

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Is your personal prayer to God "up there" or to God "walking with me"?

#### TODAY'S READINGS

**First Reading:** Moses at once bowed down to the ground in worship. Then he said, "If I find favor with you, O Lord, do come along in our company. Ex 34:4b-6, 8-9

**Psalm:** Glory and praise for ever! Dn 3:52, 53, 54, 55, 56

**Second Reading:** Mend your ways, encourage one another, agree with one another, live in peace, and the God of love and peace will be with you. 2 Cor 13:11-13

**Gospel:** God so loved the world that he gave his only Son... Jn 3:16-18

**OFFICE HOURS:** Tuesday thru Friday 9:00 a.m. to 3:00 p.m.

The office is closed on holidays and weekends.

**BULLETIN:** Articles and photos (with caption) for the bulletin must be *emailed* to [st.benedict@rcchawaii.org](mailto:st.benedict@rcchawaii.org) Submission deadline: TUESDAY at 5:00pm.

**WEBSITE:** [thepaintedchurchhawaii.org](http://thepaintedchurchhawaii.org)

ALOHA AND WELCOME HOME!



### Updated Covid-19 Liturgical Directives and Cold & Flu Guidelines

Bishop Larry Silva has decided to allow parishes to restore Holy Communion under both kinds, on Holy Thursday, April 6th, at the pastor's discretion. As always, you are reminded to use **common sense** for your health and safety during the annual cold and flu season. If you are feeling ill or think you may have been exposed to a virus, you should refrain from coming to Mass. In the same way, you should refrain from offering your hand to others at the sign of peace. A smile and a heartfelt "Peace be with you" should suffice. All of us must be aware of such sensitive matter in the intimate life of the Christian community and we should expect that some will refrain from a physical expression of the sign of peace out of care of our well-being and not out of unkindness or lack of piety.

### SACRAMENTS

**Funerals** Please contact the office for information about available dates *before* making arrangements with the mortuary or cemetery.

**Baptisms** may take place according to the same guidelines as weekend Masses. They will be done in such a way that the same water is not poured on more than one person or stored in the font after use.

#### **Sacrament of Reconciliation**

At this time Father Sieg is available for Confessions by appointment. Call the office 328-2227.

#### **Eucharist to Homebound and Hospital**

Call the office to arrange for a visit from a priest or an Extraordinary Minister of Holy Communion.

### A WORD FROM **POPE FRANCIS**

***Today we can ask ourselves...do I, who profess faith in God the Father, Son and Holy Spirit, truly believe that I need others in order to live, that I need to give myself to others, that I need to serve others? Do I affirm this in words or do I affirm it with my life?***

ANGELUS, ST. PETER'S SQUARE, JUNE 12, 2022



### *Prayer to the Holy Trinity*

***O OMNIPOTENCE OF THE FATHER***

*help my frailty and save me  
from the depths of misery.*

***O WISDOM OF THE SON,***

*Direct all my thoughts, my words  
and my deeds.*

***O LOVE OF THE HOLY SPIRIT,***

*Be the source of all the actions of my  
mind, that they may always be conformed  
to God's good pleasure.*

***Amen.***

### SAINT OF THE WEEK - FEAST DAY JUNE 6TH ST. NORBERT OF XANTEN c. 1080— 1134 A.D.

St. Norbert was born in Rhineland (Germany) of nobility. As a youth he was educated at the collegiate Church of St. Victor in Xanten where he learned literature and the ways of the court and the world. He was made a deacon but had no interest in the priesthood. At the time he was a tall, handsome young man who was quite eloquent and likeable and he sought the approval of the courts, the emperor and his many friends. Norbert used his gifts to gain the favor of men and not the glory of God. He had no time for piety or meditation. He lived according to his own desires. But soon Norbert observed Emperor Henry V treating Pope Paschal II in Rome badly when he traveled there in 1111. Later that year he was riding to Freden on his horse, accompanied by a servant. A bolt of lightning struck and Norbert was thrown from his horse to the ground. He was shaken and when he came to his senses he said, "Lord, what do you want me to do?" He seemingly heard this response from Psalm 34, "Turn from evil and do good, seek peace and pursue it." He experienced a deep conversion. He was ordained and unlike the custom at the time, he celebrated Mass daily. He was skilled at reconciling people and reuniting feuding parties. He became well-known as an exorcist. He established his first monastery in 1121 and attracted many men and women to apostolic life. In 1142 Norbert was elected Archbishop of Magdeburg, Germany. He worked to defend the Church and the Eucharist until he died June 6, 1134. St. Norbert is venerated as the *Apostle and Defender of the Eucharist*. He is patron saint of Czech Republic (formerly Czechoslovakia), and also patron of childbirth and infertile couples. The Norbertines work and teach in many countries today.



*Through Mary's intercession and by the model that she put forth for us, we can engage more deeply in the life of the Most Blessed Trinity. As Mary did, we can say "yes" to the will of the Father, unite our hearts to the love of the Holy Spirit, and join in proclaiming the Kingdom with our Lord, Jesus.*

*Pray  
the  
Rosary  
Daily*



*Blessed Virgin Mary  
Daughter of the Father  
Mother of Jesus Christ, the Son  
Spouse of the Holy Spirit*

**PRAYER FOR HEALING**

○ God who are the only source of health and healing, the spirit of calm and the central peace of this universe, grant to us such a consciousness of your indwelling and surrounding presence that we may permit you to give us health and strength and peace, through Jesus Christ our Lord. Amen.

**FOR HEALING AND STRENGTH,  
KEEP THEM IN YOUR PRAYERS...**

Bill Myers, Noah Mullen, Deb Reed, Ronald Pegelow, Joby Kanda-Alvarez, Clifford Chow Jr., Bernard Labasan, Azarias Dodos, John Herman, Janet Katakura, Merton Ogata, Henry Borges, Rafael Ramirez, Robin Crusat, William Anderson, Linda Adkins, Gloria Grapa, Elizabeth Awa, Johnny Koene, Ruby Best, Jimmy Best.  
Call thea office to add your loved one or yourself to the list of those needing prayer.

*An Act of  
Spiritual  
Communion*

*My Jesus,  
I believe that  
You are present  
in the Most Holy  
Sacrament.*

*I love You  
above all things,  
and I desire  
to receive You  
into my soul.*

*Since I cannot  
at this moment  
receive You  
sacramentally,  
come at least  
spiritually into  
my heart.*

*I embrace You  
as if You were  
already there and  
unite myself  
wholly to You.*

*Never permit me  
to be separated  
from You.*

*Amen*

*Thank God ...  
for the gift of Jesus  
in the Eucharist!*

**PRAYER**

**CALENDAR**

**MONDAY** June 5  
*St. Boniface, Bishop/Martyr*  
Tb 1:3; 2:1b-8 Mk 12:1-12

**TUESDAY** June 6  
*Weekday*  
Tb 2:9-14 Mk 12:13-17

**WEDNESDAY** June 7  
*Weekday*  
Tb 3:1-11a, 16-17a  
Mk 12:18-27

**THURSDAY** June 8  
*Weekday*  
Tb 6:10-11; 7:1bcde, 9-17;  
8:4-9a Mk 12:28-34

**FRIDAY** June 9  
*Weekday*  
Tb 11:5-17 Mk 12:35-37

**SATURDAY** June 10  
*Weekday*  
Tb 12:1, 5-15,20  
Mk 12:38-44

**SUNDAY** June 11  
*Most Holy Body and Blood  
of Christ (Corpus Christi)*  
Dt 8:2-3, 14b-16a  
1 Cor 10:16-17 Jn 6:51-58

*The grass  
witheres, the  
flower wilts,  
but the word  
of our God  
stands forever."*

*Isaiah 40:8*



## The Most Holy Trinity

[John 3:16-18]

[Exodus 34:4-6 & 8-9]

[2Cor. 13:11-13]

### Treasure Hunt

1. **Complete** and **reflect upon** this often-cited excerpt, John 3:16: "God so I \_\_\_\_\_ the world that he gave **H** \_\_\_\_\_ **S** \_\_\_\_\_, so that everyone who **b** \_\_\_\_\_ in Him will not perish but might have **e** \_\_\_\_\_ **I** \_\_\_\_\_.
2. From this week's First Reading in *Exodus* **name two** (2) words or phrases the Lord used to describe Himself to Moses on Mount Sinai.
3. **Where**, in the **Mass**, do we often hear the words of St. Paul to the Corinthians: "The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with all of you."
4. The Holy Trinity is a **M** \_\_\_\_\_ of **F** \_\_\_\_\_ which cannot be known until it is **r** \_\_\_\_\_ by God.
5. We begin prayer and the Mass with the **s** \_\_\_\_\_ **o** \_\_\_\_\_ **t** \_\_\_\_\_ **c** \_\_\_\_\_ to affirm our belief in the Holy Trinity.

### Answers to Last Week's Treasure Hunt Pentecost Sunday

- 1- "Peace be with you."; -2- Reconciliation (Penance, Confession); -3-(F) False; -4- the gift of tongues; -5- Spirit, baptized, drink.

TRUTH:

*"I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world."*

John 6:50-51



[www.eucharisticrevival.org](http://www.eucharisticrevival.org)



[www.eucharisticcongress.org](http://www.eucharisticcongress.org)

## Dear Padre

*Two relatives of mine died from a disease for which they never sought treatment. Both said, "God will heal me if that is his will." Wldn't God have wanted them to see a doctor?*

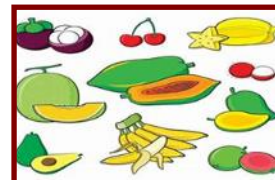
It is safe to say that God would have them see a doctor. Does doing so compromise our faith in God? No. Throughout all of salvation history, God has relied on human beings to be his instruments, his messengers. While we believe in God, who can and has acted miraculously throughout history, these moments are exceptions, not the rule. Ordinarily, God's work is done by human hands. The spread of the gospel itself has come about through people who have responded to God in faith. Part of this gospel story is the healing ministry of Jesus. Christianity has from the beginning taken up Jesus' ministry of healing and attempted to restore health to the sick, not only through prayer and the sacraments but also through institutions that care for the sick and the dying. Even as we recognize that our primary relationship is with God, we must also see that caring for our lives and our health, gifts from that same God, is a responsible way to receive and be good stewards of these gifts. Think of the training, knowledge, and experience that doctors, nurses, and all other health-care practitioners have spent years attaining. Is not their work a miracle of God's love when it brings healing, restoration, and renewal?

Excerpted from *Life, Death, and Catholic Medical Choices: 50 Questions from the Pews*; © 2011 Liguori Publications / DearPadre.org

## SERVICE

### ST. BENEDICT FOOD PANTRY

The **regular** St. Benedict Food Pantry schedule continues to be the 2nd and 4th Fridays of each month from 9:00 am to 10:00 am. **Next Distribution will be on Friday June 9, 2023.**



### MAHALO FOR THE FRUIT!

Thank you to all who share their abundance of fruit with the Painted Church. We can always use more. Many visitors have never seen some of the tropical varieties we display. Tasting adds a little extra to their 'Aloha' experience.