



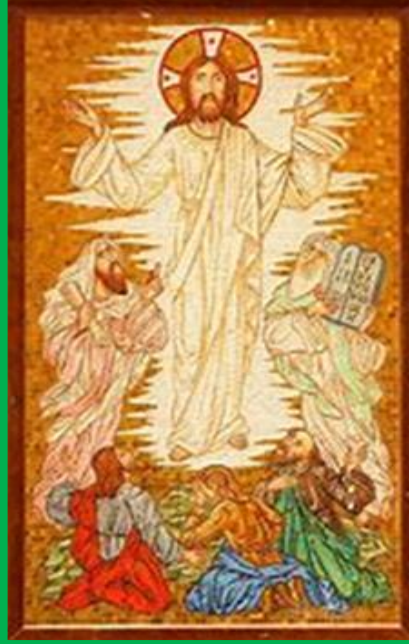
St. Benedict Catholic Church

August 6, 2023

Feast of the Transfiguration of the Lord

THE GIFT OF MYSTERY

FR. JOSEPH JUKNIALIS



In life there are moments that some call **transcendence**, when the divine shines through the human and the veil that seems to cloak another world falls ever so briefly to reveal that there are not two worlds but only one wrapped in mystery. That is what took place on a mountaintop when Peter, James, and John realized that this Jesus with whom they talked and walked and shared meals, this friend, this very ordinary one, was so much more, was extraordinary, was "of God." While real, it seemed better not to tell anyone about what they had seen. Are there also moments in our lives when the human glows with the divine, when we come to realize more clearly than ever before that there is another power at play in life than you yourself? Most assuredly. While we are powerless to create such experiences of transcendence, more than 100 years ago the psychologist William James described such moments when they do occur. He identified four qualities in such experiences: 1) they seem closer to being emotional than intellectual or cognitive; 2) they tend to bring us new understandings of life and of what is, akin to insights, though they cannot be found in a book or be taught; 3) they tend to be very brief, a few seconds for most people; and 4) there is a sense of being sustained by a superior power. This was the apostles' experience of the transfiguration, the feast we celebrate today.

PARISH:

ST. BENEDICT, Honaunau
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Captain Cook, HI 96704
Phone: 808-328-2227
Fax: 808-328-8482

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MISSION CHURCH:

ST. JOHN THE BAPTIST
Kealakekua

WEEKEND MASSES

St. Benedict

Saturday 4:00 p.m.

Sunday 7:15 a.m.

HAWAIIAN MASS

Every Second Sunday

7:15 a.m.

St. John the Baptist

Saturday 6:00 p.m.

Sunday 9:30 a.m.

WEEKDAY MASSES

St. Benedict Honaunau

7:00 a.m. Tuesday,

Thursday & Friday

St. John the Baptist

Wednesday 7:00 a.m.

PASTOR

Rev. William Quiamjot

BUSINESS MANAGER

Susan Keen

OFFICE STAFF

Penny Burgess

RELIGIOUS EDUCATION & YOUTH & YOUNG ADULT

Open

MUSIC DIRECTOR

Ariel Hadap

FOOD PANTRY

Gloria & Kenneth Ciriako
Victoria McLoughlin, and
Patricia Nelson

For Reflection

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Have you had an experience of the transcendent that changed you?

TODAY'S READINGS

First Reading: The one like a Son of man received dominion, glory, and kingship ...
Dn 7:9-10, 13-14

Psalm: The Lord is king, the Most High over all the earth. **Ps 97:1-2, 5-6, 9**

Second Reading: "This is my Son, my beloved, with whom I am well pleased." **2 Pt 1:16-19**

Gospel: And he was transfigured before them... **Mt 17:1-9**

OFFICE HOURS: Tuesday thru Friday 9:00 a.m. to 3:00 p.m.

The office is closed on holidays and weekends.

BULLETIN: Articles and photos (with caption) for the bulletin must be *emailed* to st.benedict@rcchawaii.org Submission deadline: **TUESDAY** at 5:00pm.

WEBSITE: thepaintedchurchhawaii.org

ALOHA AND WELCOME HOME!

*Listen
to Him*
TRANSFIGURATION SUNDAY

Updated Covid-19 Liturgical Directives and Cold & Flu Guidelines

Bishop Larry Silva has decided to allow parishes to restore Holy Communion under both kinds, on Holy Thursday, April 6th, at the pastor's discretion.

As always, you are reminded to use **common sense** for your health and safety during the annual cold and flu season. If you are feeling ill or think you may have been exposed to a virus, you should refrain from coming to Mass. In the same way, you should refrain from offering your hand to others at the sign of peace. A smile and a heartfelt "Peace be with you" should suffice. All of us must be aware of such sensitive matter in the intimate life of the Christian community and we should expect that some will refrain from a physical expression of the sign of peace out of care of our well-being and not out of unkindness or lack of piety.

SACRAMENTS

Funerals Please contact the office for information about available dates *before* making arrangements with the mortuary or cemetery.

Baptisms may take place according to the same guidelines as weekend Masses. They will be done in such a way that the same water is not poured on more than one person or stored in the font after use.

Sacrament of Reconciliation

Confessions by appointment. Call the office 808-328-2227.

Eucharist to Homebound and Hospital

Call the office to arrange for a visit from a priest or an Extraordinary Minister of Holy Communion.

A WORD FROM POPE FRANCIS

We have not seen with our own eyes the face of Jesus shining like the sun.

However, we too were given the Word of Salvation, faith was given to us, and we have experienced the joy of meeting Jesus in different ways. Jesus also says to us: "Rise, and have no fear" (Matthew 17:7).

ANGELUS, MARCH 8, 2020



National Eucharistic Revival Prayer

Lord Jesus Christ,
you give us your flesh and blood
for the life of the world, and you desire
that all people come to the
Supper of the Sacrifice of the Lamb.
Renew in your Church the truth,
beauty, and goodness contained
in the Most Blessed Eucharist.
Jesus living in the Eucharist,
come and live in me.
Jesus healing in the Eucharist,
come and heal me.
Jesus sacrificing yourself in the Eucharist,
come and suffer in me.
Jesus rising in the Eucharist,
come and rise to new life in me.
Jesus loving in the Eucharist,
come and love in me.
Lord Jesus Christ,
through the paschal mystery
of your death and resurrection
made present in every Holy Mass,
pour out your healing love
on your Church and on our world.
Grant that as we lift you up
during this time of Eucharistic Revival,
your Holy Spirit may draw all people
to join us at this Banquet of Life.
You live and reign with the Father and the Holy Spirit,
God forever and ever. Amen.
Our Lady of Peace, Pray for us.

PRAYER TO SAINT BENEDICT

Dear Saint Benedict,
admirable Doctor of Humility,
you practiced what you taught,
assiduously praying for God's glory
and lovingly fulfilling all work for God
and the benefit of all.
Grant us against poisoning of the body
as well as of mind and soul,
and thus, be truly a "Blessed" one for us.
Amen.

Pray the Rosary Daily



STEWARDSHIP

Managing God's Gifts To Us



LITURGY OF THE WORD

The Transfiguration of the Lord Year A (WORD & LIFE)

1st Reading Daniel 7:9-10.13-14

In the passage we are about to hear, the author describes a vision of God's majesty and the enthronement of "One like a Son of Man," the future king of the universe whose kingship will last forever. This prophetic vision is used in today's liturgy to signify that Jesus Christ is the glorious "Son of Man."

2nd Reading 2 Peter 1:16-19

The experience of Jesus' transfiguration on Mount Tabor never faded from the memory of the Apostle Peter who had witnessed it with James and John. Occasionally, he referred to it in his preaching and writing, as we hear it in today's Second Reading.

Gospel

The episode of the transfiguration gave Peter, James, and John the much-needed enlightenment about the identity of Jesus and his unique mission as the "Servant of the Lord."

*An Act of
Spiritual
Communion*

*My Jesus,
I believe that
You are present
in the Most Holy
Sacrament.*

*I love You
above all things,
and I desire*

*to receive You
into my soul.*

*Since I cannot
at this moment*

*receive You
sacramentally,*

*come at least
spiritually into
my heart.*

*I embrace You
as if You were*

*already there
and unite myself
wholly to You.*

*Never permit me
to be separated
from You.*

Amen

CALENDAR

MONDAY

August 7
Nm 11:4b-15,
Mt 14:13-21

TUESDAY

August 8
St. Dominic,
Priest
Nm 12:1-13,
Mt 14:22-36 or
15:1-2, 10-14

WEDNESDAY

August 9
Nm 13:1-2,
25-14:1, 26-
29a, 34-35
Mt 15:21-28

THURSDAY

August 10
St. Lawrence,
Deacon and
Martyr
2 Cor 9:6-10,
Jn 12:24-26

FRIDAY

August 11
St. Clare, Virgin
Dt 4:32-40, Mt
16:24-28

SATURDAY

August 12
Dt 6:4-13,
Mt 17:14-20

SUNDAY

August 13
Nineteenth
Sunday in
Ordinary Time
1 Kgs 19:9a, 11
-13a
Rom 9:1-5, Mt
14:22-33

PRAYER FOR THE SICK

Heavenly Father, we pray for those who are facing various illnesses. Give them the hope and courage they need today and every day. Comfort their pain, calm their fears, and surround them with your peace. Amen.

FOR HEALING AND STRENGTH, KEEP THEM IN YOUR PRAYERS...

Ronald Pegelow, Susan Pegelow, Bill Myers, Noah Mullen, Deb Reed, Ronald Pegelow, Joby Kanda-Alvarez, Clifford Chow Jr., Bernard Labasan, Azarias Dosdos, John Herman, Merton Ogata, Henry Borges, Rafael Ramirez, Robin Crusat, William Anderson, Linda Adkins, Gloria Grapa, Elizabeth Awa, Johnny Koene, Ruby Best, Jimmy Best.

Call the office to add your loved one or yourself to the list of those needing prayer.

PLEASE NOTE THE FOLLOWING MEETING DATES

August 8, 2023 10:00 am West Hawaii Vicariate Meeting @ St. Michael the Archangel
August 8, 2023 6:30 pm Parish Pastoral Council @ St. John's Hall
August 12, 2023 10:00 am Liturgy Meeting @ St. John's

KNOW
CHRIST



*The
Transfiguration
of the Lord*

[Matthew 17:1-9]

Treasure Hunt

1. Jesus permitted Peter, James and John to see His glory to strengthen their **f**_____.
2. Matthew tells us that Jesus was transfigured before them. "His face shown like the **s**_____ and His clothes became white as **l**_____."
3. The appearance of Moses represented the **L**_____ and of Elijah represented the **P**_____.
4. Until **what event occurred** did Jesus instruct the three disciples to keep what they saw a secret?
5. On what **two** occasions did the voice of God call Jesus "His Beloved Son"?

BONUS:

a: On what **TWO** occasions every year is the Transfiguration of the Lord commemorated?

b: Why is this date during Ordinary Time commemorated as the Transfiguration of the Lord?

**Answers to Last Week's Treasure Hunt
Seventeenth Sunday in Ordinary Time**

-**1**- The Kingdom (of) Heaven; -**2**- in joy, he sells all that he owns and buys the field; -**3**- Pearls, the merchant sells all that he has to buy the pearl; **4**- the good fish were put in a bucket; the bad fish were thrown away; -**5**- the good and the bad were separated and only the good was fit to serve its purpose; -**6**- F (false); -**7**-salvation, surrender (also, sells or sacrifices), Jesus.

For anyone who eats and drinks
Without recognizing
the Body Of the Lord
Eats and drinks judgment on himself.

-1 Corinthians 11:29-



www.eucharisticrevival.org



www.eucharisticcongress.org

Dear Padre

For the past year or so I have been trying to pray on a regular basis, but I am constantly distracted. My mind wanders so easily. Do you have any suggestions?

Distractions in prayer are an inescapable part of the human condition and the result of our imagination. Even great saints experienced distractions in prayer, and some of their suggestions may help. When St. Thérèse of Lisieux struggled with prayer, she would recite an Our Father or a Hail Mary or read from the Gospels. Praying an act of faith or returning to God's presence and love can turn our focus away from other concerns, but even then, distractions may still arise.

When we become aware of them, we should calmly renew our focus and continue our prayer. Saint Teresa of Ávila offers this guidance: "We should not be distressed by reason of our thoughts, nor allow ourselves to be worried by them....The thing is inevitable, therefore do not let it disturb or grieve you" (*The Interior Castle*). No matter how often distractions return or how long they last, they are not sinful. Rather, they are opportunities to show God that we are sincere about praying.

Saint Alphonsus, another great teacher of prayer, reminds us that prayer is necessary, beneficial, and always possible. Hang in there, he says, because the devil would like nothing better than for you to stop praying.

The Redemptorists / DearPadre.org

SERVICE

ST. BENEDICT FOOD PANTRY

The **regular** St. Benedict Food Pantry schedule continues to be the 2nd and 4th Fridays of each month from 9:00 am to 10:00 am.

Next Distribution will be on Friday, August 11, 2023.

MAHALO FOR THE FRUIT! MORE IS NEEDED!

If your harvest is bountiful, please bring a portion to St. Benedict Gift Shop where we offer it to visitors as part of their "aloha experience" at the Painted Church.

Many thanks to those who have been donating!