



# St. Benedict Catholic Church

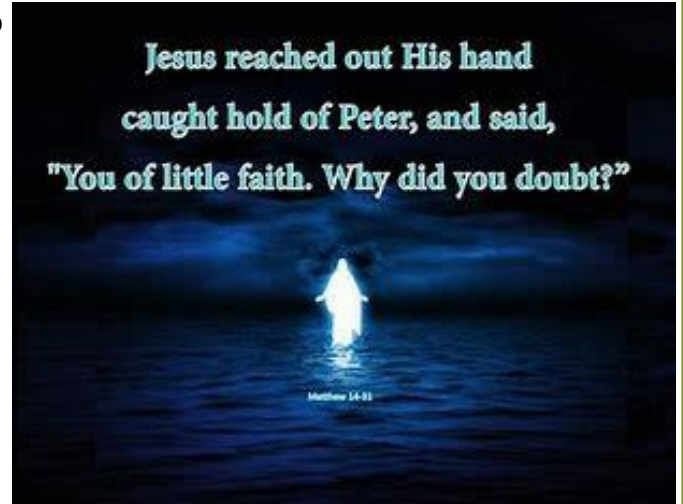
August 13, 2023

## Nineteenth Sunday in Ordinary Time

### Get Out of the Boat

Fr. Joseph Juknialis

As priests we're expected to plan our own funerals, including the Scripture readings. As it happens, I chose the Gospel for this Sunday, the one about Jesus walking across the water and inviting Peter to trust and step out of the boat and come to him. You may think it strange for a funeral, but it's been pretty much the story of my life.



Often there have been times when I was asked to go where I didn't want to go, like Peter being asked to get out of the boat. Ultimately I realized that those were also the very times when I seemed most aware of God's presence. Oh, I think God was always there, it's simply that my own ego often got in the way. It was when I gave in that I most felt buoyed by God. In fact, the least satisfying assignment was the one I eagerly sought out, and some of those I resisted turned out to be graced. Like Peter, it's good to do what doesn't always make sense. What does all this have to do with my choice of this Scripture reading for my funeral? Well, every time I have stepped out of the boat of security, God has been there to sustain me. I figure there is going to be no bigger "stepping out" than death, so I'm expecting God will be there as well.

### PASTOR

Rev. William Quiamjot

### BUSINESS MANAGER

Susan Keen

### OFFICE STAFF

Penny Burgess

### RELIGIOUS EDUCATION & YOUTH & YOUNG ADULT

Open

### MUSIC DIRECTOR

Ariel Hadap

### FOOD PANTRY

Gloria & Kenneth Ciriako  
Victoria McLoughlin, and  
Patricia Nelson

### For Reflection

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*Have you ever experienced the impossible becoming possible with God's grace?*

### TODAY'S READINGS

**First Reading:** "Go outside and stand on the mountain before the LORD..." [1 Kgs 19:9a, 11-13a](#)

**Psalm:** Lord, let us see your kindness, and grant us your salvation. [Ps 85:9-14](#)

**Second Reading:** ...They are Israelites; ...and from them, according to the flesh, is the Christ... [Rom 9:1-5](#)

**Gospel:** "Take courage, it is I; do not be afraid." [Mt 14:22-33](#)

**OFFICE HOURS:** Tuesday thru Friday 9:00 a.m. to 3:00 p.m.

The office is closed on holidays and weekends.

**BULLETIN:** Articles and photos (with caption) for the bulletin must be *emailed* to [st.benedict@rcchawaii.org](mailto:st.benedict@rcchawaii.org) Submission deadline: TUESDAY at 5:00pm.

**WEBSITE:** [thepaintedchurchhawaii.org](http://thepaintedchurchhawaii.org)

## ALOHA AND WELCOME HOME!

Welcome  
May God Bless You

### Updated Covid-19 Liturgical Directives and Cold & Flu Guidelines

Bishop Larry Silva has decided to allow parishes to restore Holy Communion under both kinds, on Holy Thursday, April 6th, at the pastor's discretion.

As always, you are reminded to use **common sense** for your health and safety during the annual cold and flu season. If you are feeling ill or think you may have been exposed to a virus, you should refrain from coming to Mass. In the same way, you should refrain from offering your hand to others at the sign of peace. A smile and a heartfelt "Peace be with you" should suffice. All of us must be aware of such sensitive matter in the intimate life of the Christian community and we should expect that some will refrain from a physical expression of the sign of peace out of care of our well-being and not out of unkindness or lack of piety.

### SACRAMENTS

**Funerals** Please contact the office for information about available dates *before* making arrangements with the mortuary or cemetery.

**Baptisms** may take place according to the same guidelines as weekend Masses. They will be done in such a way that the same water is not poured on more than one person or stored in the font after use.

### Sacrament of Reconciliation

Confessions by appointment. Call the office 808-328-2227.

### Eucharist to Homebound and Hospital

Call the office to arrange for a visit from a priest or an Extraordinary Minister of Holy Communion.

### A WORD FROM POPE FRANCIS

*Having faith means keeping your heart turned to God, to His love, to His Fatherly tenderness, amid the storm. Jesus wanted to teach this to Peter and the disciples, and also to us today. In dark moments, in sad moments He is well aware that our faith is weak.*



ANGELUS, ROME, AUGUST 9, 2020

### National Eucharistic Revival Prayer

Lord Jesus Christ,  
you give us your flesh and blood  
for the life of the world, and you desire  
that all people come to the  
Supper of the Sacrifice of the Lamb.

Renew in your Church the truth,  
beauty, and goodness contained  
in the Most Blessed Eucharist.

Jesus living in the Eucharist,  
come and live in me.

Jesus healing in the Eucharist,  
come and heal me.

Jesus sacrificing yourself in the Eucharist,  
come and suffer in me.

Jesus rising in the Eucharist,  
come and rise to new life in me.

Jesus loving in the Eucharist,  
come and love in me.

Lord Jesus Christ,  
through the paschal mystery  
of your death and resurrection  
made present in every Holy Mass,  
pour out your healing love  
on your Church and on our world.

Grant that as we lift you up  
during this time of Eucharistic Revival,  
your Holy Spirit may draw all people  
to join us at this Banquet of Life.

You live and reign with the Father and the Holy Spirit,  
God forever and ever. Amen.

### PRAYER TO SAINT BENEDICT

Dear Saint Benedict,  
admirable Doctor of Humility,  
you practiced what you taught,  
assiduously praying for God's glory  
and lovingly fulfilling all work for God  
and the benefit of all.

Grant us against poisoning of the body  
as well as of mind and soul,  
and thus, be truly a "Blessed" one for us.

Amen.

Pray the Rosary Daily



# STEWARDSHIP

*Managing God's Gifts To Us*



## LITURGY OF THE WORD

**Nineteenth Sunday in Ordinary Time  
Year A (WORD & LIFE)**

### 1st Reading 1 Kgs 19:9.11-13

Persecuted because of his faithfulness to his prophetic mission, Elijah had a unique experience of the Lord's consoling presence at the entrance of a cave on Mount Horeb. After such an experience, he felt strong enough to resume fighting the battles of God.

### 2nd Reading Rom 9:1-5

In a rare moment of self-revelation, the apostle Paul manifests to his readers the great pain he is suffering because the Israelites persist in rejecting Jesus as the Messiah of God.

### Gospel Mt 14:22-33

The presence of Jesus makes all the difference in the life of the Church and of all those who put their trust in him. This is verified especially in moments of danger. Such is the message of the account of what happened on a stormy night at the Lake of Gennesaret.

*An Act of  
Spiritual  
Communion*

*My Jesus,  
I believe that  
You are present  
in the Most Holy  
Sacrament.*

*I love You  
above all things,  
and I desire  
to receive You  
into my soul.*

*Since I cannot  
at this moment  
receive You  
sacramentally,  
come at least  
spiritually into  
my heart.*

*I embrace You  
as if You were  
already there  
and unite myself  
wholly to You.*

*Never permit me  
to be separated  
from You.*

*Amen*

## CALENDAR

### MONDAY

August 14  
St. Maximilian  
Kolbe, Priest and  
Martyr  
Dt 10:12-22  
Mt 17:22-27

### TUESDAY

August 15  
Assumption of  
the Blessed Vir-  
gin Mary  
Rev 11:19a;  
12:1-6a, 10ab  
1 Cor 15:20-27  
Lk 1:39-56

### WEDNESDAY

August 16  
Weekday  
Dt 34:1-12  
Mt 18:15-20

### THURSDAY

August 17  
Weekday  
Jos 3:7-10a,  
11, 13-17  
Mt 18:21-19:1

### FRIDAY

August 18  
Weekday  
Jos 24:1-13  
Mt 19:3-12

### SATURDAY

August 19  
Weekday  
Jos 24:14-29  
Mt 19:13-15

### SUNDAY

August 20  
Twentieth  
Sunday in  
Ordinary Time  
Is 56:1, 6-7  
Rom 11:13-15,  
29-32  
Mt 15:21-28

### PRAYER FOR THE SICK

Heavenly Father, we pray for those who are facing various illnesses. Give them the hope and courage they need today and every day. Comfort their pain, calm their fears, and surround them with your peace. Amen.



### PLEASE NOTE THE FOLLOWING MEETING DATE

August 15, 2023 6:30 plm Stewardship Meeting @ St. John's hall. All are welcome to join us.

### FOR HEALING AND STRENGTH, KEEP THEM IN YOUR PRAYERS...

Mike Asada, Gwen Menchaca, Lily Anne Souza, Ronald Pegelow, Susan Pegelow, Bill Myers, Noah Mullen, Deb Reed, Ronald Pegelow, Joby Kanda-Alvarez, Clifford Chow Jr., Bernard Labasan, Azarias Dosdos, John Herman, Merton Ogata, Henry Borges, Rafael Ramirez, Robin, Crusat, William Anderson, Linda Adkins, Gloria Grapa, Elizabeth Awa, Johnny Koene, Ruby Best, Jimmy Best.

Call the office to add your loved one



*Nineteenth Sunday  
In Ordinary Time*

[Matthew 14:22-23]

*Treasure Hunt*

1. **Where** did Jesus send His disciples after the crowd dispersed? **What** did Jesus instruct them to do?
2. Jesus went to the mountainside to **p**\_\_\_\_\_.
3. During the **fourth watch of the night**, **how** did Jesus return to His disciples?
4. **How** did the disciples react as Jesus returned to them? **What** does Jesus say to them?
5. While Peter was walking to Jesus, **what** was the **reason** he began to sink? How was Peter rebuked?
6. After Jesus' miracle, **what declaration** (about Jesus) did the disciples proclaim out loud?

**For Reflection:**

How do **you** make time and find a quiet place to connect with God in prayer? How does prayer help you?

**Answers to Last Week's Treasure Hunt**  
*The Transfiguration of the Lord*

-1- faith; -2- sun, light; -3- Law, Prophets; 4- "the Son of Man has been raised from the dead"; -5- Jesus' Baptism and Jesus' Transfiguration; **Bonus** -a- The Second Sunday of Lent & August 6; -b- August 6 is the day The Church of Transfiguration (built on Mt. Tabor) was dedicated.

Whoever eats of this bread  
Will live forever; and the  
Bread that I will give is my flesh  
For the life of the world.

John 6:51



[www.eucharisticrevival.org](http://www.eucharisticrevival.org)



[www.eucharisticcongress.org](http://www.eucharisticcongress.org)

*Dear Padre*

**At what precise point in the Mass does the bread and wine turn into the Body and Blood of Christ?**

For many centuries, thinkers in the Western and Eastern Churches have pondered this question. Some say the moment of consecration happens at the beginning of the sentence, "This is my body." Others say it happens at the conclusion of that sentence. Still others claim it happens sometime during the sentence. The same theories were proposed about the consecration of the cup. From the Eastern Churches, the theory was raised that it wasn't the eucharistic narrative that was consecratory, but rather the prayer of invocation to the Holy Spirit known as the *epiclesis*.

These theories continue to be debated, but to what avail? Even the *Catechism of the Catholic Church* does not specify when the consecration happens (CCC 1375-81). But knowing the precise moment it happens doesn't seem to be as important as simply knowing that the elements of bread and wine over which the prayer is prayed do become for us the Body and Blood of Christ.

This mystery of faith, moreover, adds another dimension to our lives: transformation into Christ. Whether we share in Communion at the liturgy or contemplate the Lord in the tabernacle, the loving call of the Spirit is to change our hearts. Specifically, when does that happen to us? One never knows for sure. But by participation in the mystery of faith, we're changed ever more deeply into the One whose Body and Blood we share.

DearPadre.org

SERVICE

**ST. BENEDICT FOOD PANTRY**

The **regular** St. Benedict Food Pantry schedule continues to be the 2nd and 4th Fridays of each month from 9:00 am to 10:00 am.

**Next Distribution will be on Friday, August 25, 2023.**

**MAHALO FOR THE FRUIT! MORE IS NEEDED!**

If your harvest is bountiful, please bring a portion to St. Benedict Gift Shop where we offer it to visitors as part of their "aloha experience" at the Painted Church.

*Many thanks to those who have been donating!*