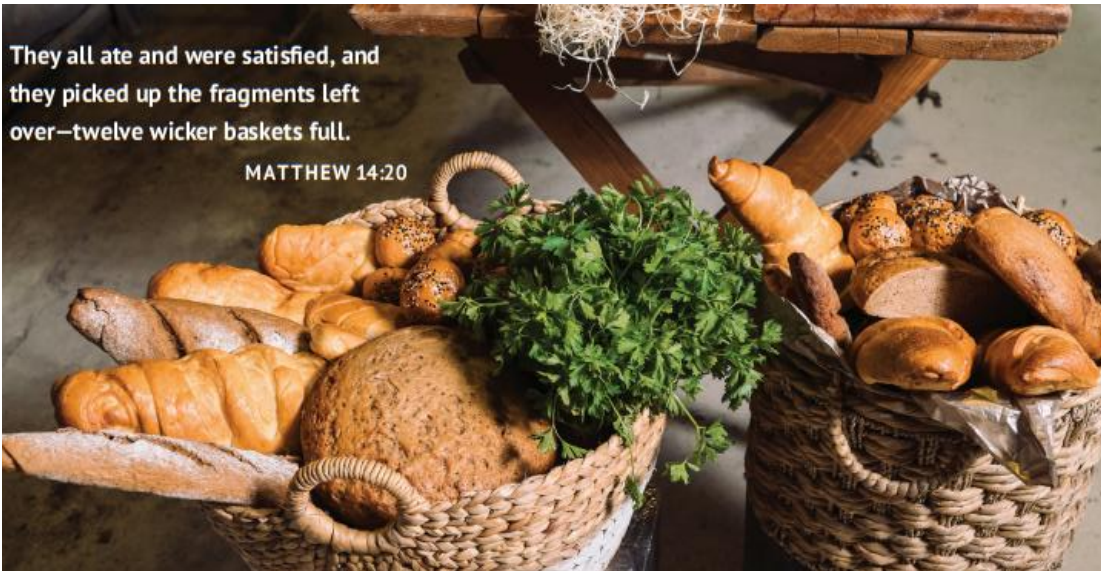


# St Benedict Parish

## St. John the Baptist Church



They all ate and were satisfied, and they picked up the fragments left over—twelve wicker baskets full.

MATTHEW 14:20

August 2, 2026  
Eighteenth Sunday in Ordinary Time  
IS 55:1-3;  
PS 145:8-9, 15-18;  
ROM 8:35, 37-39;  
MT 14:13-21

Even when the apostles think they have anticipated what is needed, they often come up short. Not a lack of preparation or a lack of talent, but something is missing, nonetheless. In the gospel, they announce to Jesus that there is not enough food to eat. The crowds are too massive. They are too far away from the resources they need. But Jesus is not concerned. He sees what they are incapable of seeing. He believes in ways they cannot even begin to comprehend. In blessing the limited amount of food they scrounge up for him, Jesus reveals to them an abundance they were unable to see. Not only is there enough for all who have assembled, there is more than enough, beyond their wildest imaginings. How did the apostles understand what they experienced this day? How did they react to the miraculous, overflowing abundance where there was once scarcity? How could there be something where there was nothing? The real lesson of the gospel is not necessarily the miraculous. Rather, the real lesson of the gospel is found in the invitation to see, to hope, to anticipate that with God all is possible. Even when it seems like a dead end. Even when nothing adds up. Even when you come up short. ●

**Do you wish you could see a certain person or situation more like the way God sees?**

**\*ST. BENEDICT "The Painted Church" 84-5140 Painted Church Rd.**

**Captain Cook, HI 96704 Phone 808-328-2227**

**thepaintchurchhawaii.org Fax: 808-328-8482**

**Mass : ST. BENEDICT Saturday 4:00 p.m. Sunday 8:00 a.m. Capt. Cook**

**Tuesday-Friday 7 am**

**\*ST. JOHN THE BAPTIST 81-6410A Hawaii Belt Rd. Kealahou**

**Saturday 6:00 p.m. Sunday 10:00 a.m.**

Confession: Sat. 10am-12pm at St. Benedict Church email: [st.benedict@rcchawaii.org](mailto:st.benedict@rcchawaii.org)

Pastor Administrator : Fr. William Quiamjot (Ke-yam-hot)

[wquiamjot@rcchawaii.org](mailto:wquiamjot@rcchawaii.org)

Business Manager Susan Keen Office Phone 808 328 2227

Secretary Carolayne Craven



MONDAY August 3  
Weekday  
Jer 28:1–17 Mt 14:22–36

TUESDAY August 4  
St. John Vianney, Priest  
Jer 30:1–2, 12–15, 18–22  
Mt 14:22–36 or Mt 15:1–2, 10–14

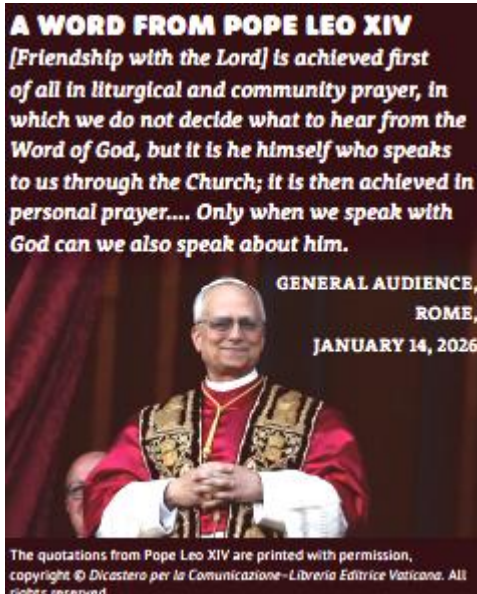
WEDNESDAY August 5  
Weekday  
Jer 31:1–7 Mt 15:21–28

THURSDAY August 6 The Trans-  
figuration of the Lord Dn 7:9–10,  
13–14 2 Pt 1:16–19 Mt 17:1–9

FRIDAY August 7 Weekday Na  
2:1, 3; 3:1–3, 6–7 Mt 16:24–28

SATURDAY August 8 St. Dominic,  
Priest Hb 1:12—2:4 Mt 17:14–20

SUNDAY August 9 Nineteenth  
Sunday in Ordinary Time 1 Kgs  
19:9a, 11–13a Rom 9:1–5 Mt  
14:22–33



## Stewardship of Treasure Mahalo for your generosity!

July 18-19, 2026

|              |            |
|--------------|------------|
| Collection   | \$ 2394.00 |
| Joseph Duffy | 100.00     |
| Maintenance  | 300.00     |
| Food Pantry  | 10.00      |
| Total        | \$2804.00  |

### Attendance

St. Benedict 93 adults 5 Keiki

St. John 93 18

[thepaintedchurchhawaii.org](http://thepaintedchurchhawaii.org)

(Our website also has this same  
QR Code for giving.)

You are always welcome to  
continue giving by cash or check.



For our 'Ohana who are ill  
(and no comments about the  
apostrophe, please. No Hawai-  
ian keyboard available )

Patsy Sabarre  
Jan Neumann  
Dolores Sedlack (Lisa K.'s Mom)  
\*Mahina Kaupiko  
\*Kamala Galletes  
\*Miriam Janczak  
\*Reggie Lee  
Cindy Pangan  
\*Linda Alcain  
\*Terrance Terada  
\*Deacon Craig Camello  
\*Pam Shultise  
\*Merla Kline  
\*Paul Ruskey  
\*Carla Vonderahe  
\*Joevelyn Delas Reyes  
\*Gwen Menchaca  
\*Deb Reed  
\*Gloria Grapa  
\*William Anderson  
\*Johnny Koene  
\* Friends & Family

**AMEN**

## Mass Intentions

August 1-2, 2026

### Saturday

4:00 Misa Pro Populo

6:00 \* Victor Luksic, health

\* Rick & Fressia Vargas, special  
Intention

### Sunday

8:00 Shores Family

10:00 +Henry, +Dawn, +Kramer

Weekdays August 4-7, 2026

TUESDAY Agnes Carianno, Special  
Intention

WEDNESDAY Bill Donnelly

THURSDAY Ralph Q., Grateful for a  
healthy report

FRIDAY Vincent Imperato & all  
who are vulnerable

**September 13 & 27th**  
**Religious Education begins**  
**2nd & 4th Sundays**

**St. John Hall**  
**after 10:00 Mass.**  
**Director Angie Tabieros**

**A Short Choir Practice every**  
**Wed. 5: 30 St. John Church.**  
**Music Director Ariel Hadap**

**St. Benedict Food Pantry**  
**once a month.**  
**Friday 8-14-26 9-10 o'clock**  
**Kenneth & Gloria Ciriako**  
**Tom McLoughlin**

# Jesus gave his disciples both bread and wine and said, “Do this in memory of me.”

But our priest decided that we cannot receive from the cup at Communion. Does he have the right to deny his parishioners the Precious Blood? “The diocesan bishop may lay down norms for the distribution of Communion under both kinds for his own diocese, which must be observed” (Norms for the Distribution and Reception of Holy Communion Under Both Kinds in the Dioceses of the United States of America, 24). (Also see General Instruction of the Roman Missal, 283.) After the COVID-19 pandemic, many parishes did not resume Communion under both kinds. Some opted instead to make the Precious Blood available only on major solemnities. However, “Holy Communion has a fuller form as a sign when it takes place under both kinds” (GIRM 281). “It is most desirable that the faithful, just as the priest himself is bound to do...partake of the chalice (cf. no. 283), so that even by means of the signs Communion may stand out more clearly as a participation in the sacrifice actually being celebrated” (GIRM 85). Still, pastors “should instruct the Christian faithful... that Christ, whole and entire, and the true Sacrament, is received even under only one species, and hence...those who receive under only one species are not deprived of any grace that is necessary for salvation” (GIRM 282). ● Fr. Byron Miller, CSsR / Dear Padre.org



**Today’s readings should inspire the Christian steward with deepened gratitude for our God, who loves us with both fierce and tender love.** We must make an intentional response each day, returning love for Love.

In our Second Reading from Romans, St. Paul reminds us that nothing and no one can separate us from the love of Christ. No anguish, distress, persecution, famine — and we might add illness, financial hardship, family struggles, or uncertainty about the future — nothing can keep our God from loving us. God holds us securely in the palm of His hand. And yet, this reassurance is only the beginning of God’s gifts to us. Our Gospel from Matthew recounts the miracle of the multiplication of the loaves and fish. This miracle foreshadows the gift of the Eucharist, where Christ feeds us not simply with bread, but with His own Body, Blood, Soul and Divinity.

Notice how the Gospel begins. “His heart was moved with pity for them, and he cured their sick.” What generous and compassionate love our Lord shows.

But even that is not enough for Him. He remains with the people, teaching and ministering to them until evening. When the disciples suggest sending the crowds away to find food, Jesus instead invites them to become part of His plan. He tells them to feed the people, then miraculously multiplies the few loaves and fish they offer.

What a privilege it was for the disciples to participate in Christ’s work. That same privilege is ours as Christian stewards. Let us respond with grateful hearts to such amazing love.

*©Catholic Stewardship Consultants*

## **DEAR VISITOR TO ST. BENEDICT CATHOLIC CHURCH, ALOHA!**

THANK YOU FOR VISITING US TODAY! WE WISH YOU A BEAUTIFUL EXPERIENCE AND THAT YOU LEAVE ST. BENEDICT, TODAY, REFRESHED IN SPIRIT AND WITH PEACE IN YOUR HEART! SINCE THE EARLY DAYS OF THE CHURCH, IT HAS BEEN A CATHOLIC TRADITION TO OFFER A “MASS INTENTION”. THIS IS A WAY OF REMEMBERING A PERSON AND LIFTING THEM UP IN PRAYER. YOU MAY ASK THE GREETER FOR A FORM AND ENVELOPE.

## Jesus' Sensitivity

### *This Week's Readings at Mass*

- Isaiah 55:1-3 • Invitation to grace
- Romans 8:35, 37-39 • Indomitable love of Christ
- Matthew 14:13-21 • Jesus feeds five thousand

Poor Jesus can hardly get a break for some time to himself. When he hears that Herod beheaded his good friend and relative John the Baptist, Jesus tries to get away for awhile by heading off in a boat to a deserted place. He steps back onto land only to discover that the crowds have followed him. Jesus could easily be impatient and short with them in his sadness and grief, but instead, his instinctive response was to be moved with compassion for them.

After he cures the sick, his next compassionate response is to keep them safe and feed them, rather than sending them off in the dark from a deserted place. Jesus knew that many, probably most, of the people who flocked to him were poor people, and this crowd would have been no different. Although the disciples suggest he send them away to “buy food for themselves,” Jesus knows many of them wouldn’t have spare change for food. His sensitivity to their situation sparks more compassion, and he feeds them until they are all satisfied.

Early followers of Jesus would have connected that miraculous feeding with the passage from Isaiah in the first reading today. “All you who are thirsty, come



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“Come, receive grain and eat; Come, without paying and without cost.”

### **Sheepish Question:**

Wow—and why such measly gratitude?

to the water! You who have no money, come, receive grain and eat; come, without paying and without cost (Isa 55:2). In this case, the crowd eagerly accepts Jesus and his teaching, unlike sometimes when Pharisees or other religious leaders argue and try to pick fights with Jesus. The crowd here mirrors those in the Isaiah passage. They come to Jesus, they listen to him, and they heed him. In return, they are well-fed, and they receive life (Isa 55:3).

## Questions of the Week

- 1 Jesus experienced all the human emotions we experience. What do you imagine he was thinking and feeling when he heard John was killed?
- 2 Have you ever witnessed or heard of someone able to respond with compassion to others even in a time of their own grief? Please share.

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